



PACKING LIST FOR THE WINTER HIKES

- BASIC EQUIPMENT**
- winterproof footwear (warm, waterproof, good support, secure grip)
 - technical underwear
 - breathable shirt
 - fleece pullover or jacket
 - weatherproof jacket with hood, wind- and water-repellent material
 - warm jacket
 - long weatherproof winter walking trousers made of hard-wearing material
 - walking socks
 - bandanna or scarf
 - cap and gloves

- DAYPACK**
- day rucksack, around 20 litre capacity for use during the hike, rain protection for the backpack
 - light spare underwear for changing into during the day
 - booklet with maps and telephone numbers
 - sun protection (sunglasses, sun cream)
 - thermos flask / drink bottle
 - refreshment as desired
 - first aid kit
 - mobile phone
 - walking poles if used
 - gaiters if required
 - spikes/snow chains
 - cash
 - pocket or head lamp

- VARIOUS**
- change of clothing for evening in accommodation
 - hygiene articles
 - personal medication as required
 - passport/ID
 - mobile phone
 - phone charger
 - penknife

- FOR THE OVERNIGHT STAY IN THE MOUNTAIN HUT - NO LUGGAGE TRANSPORT**
- flannel
 - hut slippers
 - hut sleeping bag
 - change of clothes and toilet articles as needed



Luggage transport: luggage should be clearly marked with booking name and ready by 09.00 am at the latest in the accommodation reception area. No luggage transport is guaranteed if the above is ignored!

