

Seefeld
2019 TIROL



FIS NORDIC WORLD
SKI CHAMPIONSHIPS



Presented by

storaenso

**FIS NORDIC WORLD SKI
CHAMPIONSHIPS**

19.02. – 03.03.2019

SEEFELD2019.COM



**MEDIA
GUIDE**



**SKI
AUSTRIA**

Printed on Multicopy Zero – Carbon Neutral paper – by Stora Enso



INTERSPORT

**LIQUI
MOLY**

helvetia

VIESSMANN

Müller

UNISOL

Haier

JUNGHANS

1.	General information	2
	Preface	3
	Arrival	6
2.	Functions and contacts	8
	Organisation chart LOC	10
	FIS officials	11
	Sports key technical officials Innsbruck	12
	Sports key technical officials Seefeld	13
3.	Media information	14
	Accreditation	15
	Competition programme	20
	Media centre	24
	Media team LOC Communication contacts Media lounge	26
	Press conferences	27
	Photographer information	28
	News photo whatsapp service	29
	Media transport parking	30
	Logo and title	32
	Ceremonies Medal Plaza	33
4.	Plans	34
	Site maps	38
	Jumping hills	40
	Courses	42
	Mixed zones	65
5.	Host Broadcaster Contacts IBC TV-channel list	66
6.	TirolBerg	68
7.	Team captains meetings Winners' trophies	69
8.	Tirol	70
	Seefeld	76
	Innsbruck	82
9.	Entertainment "Nordic Mile"	88
10.	Participating nations	90
11.	Emergency contacts	91



Dear Media Representatives,

On behalf of the International Ski Federation, it is my pleasure to welcome you to the FIS Nordic World Ski Championships 2019 in Seefeld (AUT).

Seefeld is a primary winter sports tourism destination in the Tirol region and is sure to provide the audiences around the world with outstanding pictures and atmosphere throughout the World Championships. A longstanding organiser of annual Nordic Combined World Cup competitions, Seefeld can look back on a tremendous tradition of delivering top class Nordic events. Also special for these World Championships will be the opportunity to report from a city venue with the Ski Jumping events in the heart of Innsbruck on one of the most recognized hills in the world.

Seefeld has worked tirelessly in the last years since being awarded these World Championships to make the media facilities a top priority. In close cooperation with FIS, every detail has been prepared to ensure the best working conditions for all media representatives on location.

Our common mission is to enable winter sports enthusiasts all over the world to follow the performances of the world's best Nordic athletes as they fight for the most prestigious titles of the season.

I would like to take the opportunity to extend our sincere appreciation to you, all media representatives for your continuing support and tireless efforts to spread news about the Championships at Seefeld 2019 all over the world.

Gian Franco Kasper
FIS President



Dear Media Representatives,

the FIS Nordic World Ski Championships are returning to Seefeld after 34 years. The joy of welcoming the world's best Nordic athletes back to the Olympic region of Seefeld and the Bergisel in Innsbruck is correspondingly high on the part of the Austrian Ski Federation and the entire Organizing Committee.

The anticipation of the 22 medal decisions is noticeable both in Seefeld, where World Cup competitions in Nordic Combined have been held for many years, and in Innsbruck, where the Bergisel event is a fixed part of the annual Four Hills Tournament. We are confident that this enthusiasm will also be reflected accordingly in the number of spectators.

In addition to thousands of fans from all over the world cheering on-site for the athletes, many millions of spectators around the globe will witness the Nordic World Ski Championships live in front of the TV. For this reasons, we are happy to have reliable partners at our side with Infront Sports & Media, the host broadcaster of the 52nd FIS Nordic World Ski Championships, and its production partner ORF. Thanks to their passion for sports and not least through the use of innovative technologies, we can expect great television images from Seefeld and Innsbruck. Moreover, countless TV and radio stations, online media platforms as well as daily newspapers and magazines will make a signification contribution to bringing the incomparable emotions, that in this form can only be caused by sports, directly into the living rooms of sports enthusiasts.

With this in mind, I would like to thank you for your commitment to the Nordic World Ski Championships Seefeld 2019. Your work will contribute to the success of the event, but also to the general promotion of winter sports.

Prof. Peter Schröcksnadel
CEO Seefeld 2019



Dear Colleagues,

ever since the Austrian Ski Federation won the bid to host the 52nd FIS Nordic World Ski Championships 2019, preparations have been made for the international title competitions in the Olympic region of Seefeld and on the Bergisel in Innsbruck. Especially in the last few months, the Organizing Committee has worked tirelessly to create perfect conditions for the Nordic highlight of

the year. Everybody is looking forward to the start of the event on 19 February and to the second FIS Nordic World Ski Championships in Seefeld after 1985.

The World Championships Arena in Seefeld does not only offer world-class conditions to the athletes and spectators, but also provides the media representatives with an excellent working environment. In addition to some trend-setting construction projects that could be implemented as part of the Nordic World Ski Championships, the World Championships Hall in Seefeld was renovated to create the best conditions for the work of media representatives during the World Championships. The Media Center in the World Championships Hall is only a few minutes' walk away from the cross-country skiing and ski jumping stadium. Also on the Bergisel in Innsbruck, where one competition of the Four Hills Tournament takes places each year, every precaution has been taken to provide perfect conditions for smooth on-site reporting.

In this sense, I am pleased to cordially welcome all media representatives on behalf of the Austrian Ski Federation to the FIS Nordic World Ski Championships in Seefeld. In our Media Guide we have compiled the most important information for you as well as all sorts of interesting facts about the venues Seefeld and Innsbruck. If you still have questions or requests, please do not hesitate to contact the media coordinator, the staff of the media team and me personally.

I wish all colleagues exciting medal decisions and a great time in Seefeld that will hopefully be remembered positively for a long time to come.

Mag. Josef Schmid
Chief of Media Seefeld 2019

VENUE SEEFELD

ARRIVING BY TRAIN:

The new railway station in Seefeld is located directly at the entrance of the Seefeld pedestrian zone. It is only 1250 steps to the Medal Plaza and a few minutes' walk to the stadium area.

Additional information: The media accreditation is at the same time a ticket for all trains in Tyrol (except Railjet Connections) and Bavaria (Werdenfelsbahn from Munich) during the World Championships.

TIMETABLE AND TICKETS:

ÖBB Austrian Federal Railways: www.oebb.at

DBB German Federal Railways: www.bahn.com

ARRIVING BY CAR:

Seefeld in Tirol is centrally located and therefore easily accessible from all directions.

From the NORTH: Munich – Garmisch-Partenkirchen – Mittenwald – Seefeld

From the EAST: Salzburg – Innsbruck – Zirl exit via Zirler Berg – Seefeld

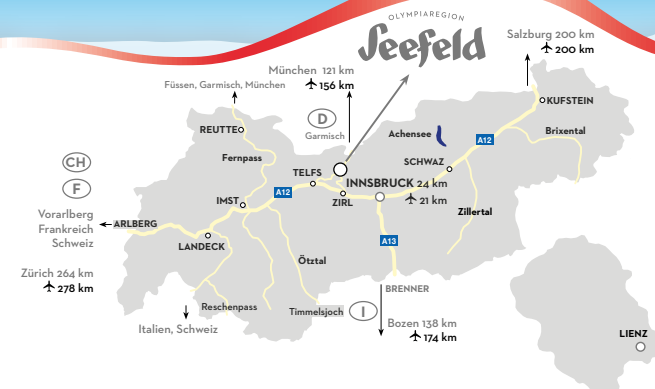
From the SOUTH: Brenner (Brennerautobahn A13) – Innsbruck – Zirl exit via Zirler Berg – Seefeld

From the WEST: Kempten – Füssen – Reutte – Fernpass – Imst – Exit Telfs Ost – Seefeld

ARRIVING BY PLANE:

Holiday guests arriving at Innsbruck Airport receive their first stunning taste of Tyrol and its scenery upon landing. From the airport the Olympiaregion Seefeld can be easily and comfortably reached in about 25 minutes by car.

Other Airports: Salzburg (A) - Distance: 200 km (approx. 2 hours) | Memmingen (D) - Distance: 165 km (approx. 2 hours) | München (D) - Distance: 165 km (approx. 2 hours) | Friedrichshafen (D) - Distance: 200 km (approx. 2,5 hours) | Bozen (I) - Distance: 149 km (approx. 1,5 hours)



VENUE INNSBRUCK

ARRIVING BY TRAIN:

Relaxing, comfortable and safe – ideal rail connections and attractive rates make Innsbruck a great destination for eco-conscious train travellers.

Additional information: The media accreditation is at the same time a ticket for all trains in Tyrol (except Railjet Connections) and Bavaria (Werdenfelsbahn from Munich) during the World Championships.

TIMETABLE AND TICKETS:

ÖBB Austrian Federal Railways: www.oebb.at

DBB German Federal Railways: www.bahn.com

ARRIVING BY CAR:

Exceptional flexibility and ideal links with Central Europe's main transport routes make driving to Innsbruck a particularly pleasant experience.

From the East: take the A12 motorway

From the West: take the A12 motorway

From the South: take the A13 Brenner Motorway

From East Tyrol: take the Felbertauern tunnel toll road or go via the Puster Valley (Italy)

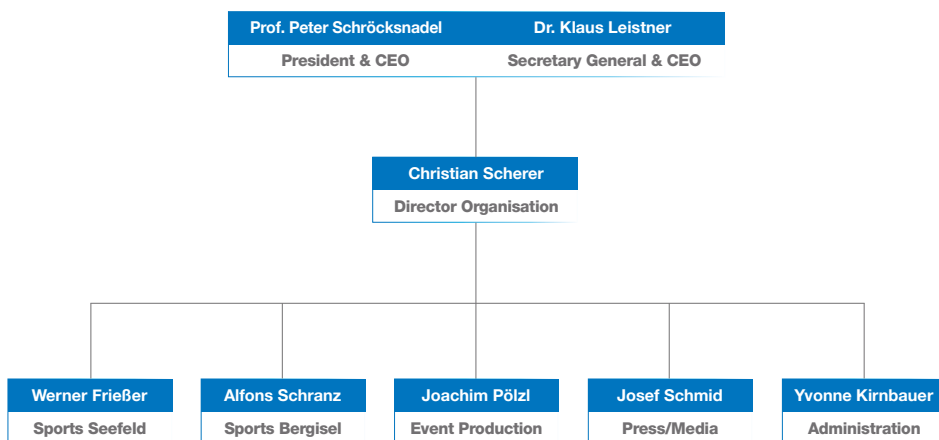
ARRIVING BY PLANE:

Innsbruck Airport is located on the western edge of the city and offers maximum comfort, short transfers and unique flair. The size and convenience of the airport combined with exceptional personal service make this a popular destination for many travellers. For more information about Innsbruck Airport: www.innsbruck-airport.com





2. FUNCTIONS AND CONTACTS



CROSS-COUNTRY

Race Director	Mignerey Pierre, FIS
Assistant Race Director	Lamplot Michal, FIS
Technical Delegate	Viljanmaa Annmari, FIN
Assistant Technical Delegate	Sundbaum Mikaela, SWE
Jury Member	Fort Mathieu, FRA
Jury Member	Norton Mike, CAN
Equipment Control	Ulvang Vegard, FIS
Event Coordinator	Spitz Sandra, FIS
Media Coordinator	Kallen Doris, FIS



NORDIC COMBINED

Race Director	Ottesen Lasse, FIS
Assistant Race Director	Grave Jan Rune, FIS
Technical Delegate	Branko Simic, SLO
Assistant Technical Delegate	Pelkonen Jyri, FIN
Equipment Control	Kraus Guntram, FIS
Media Coordinator	Tegethof Silke, FIS

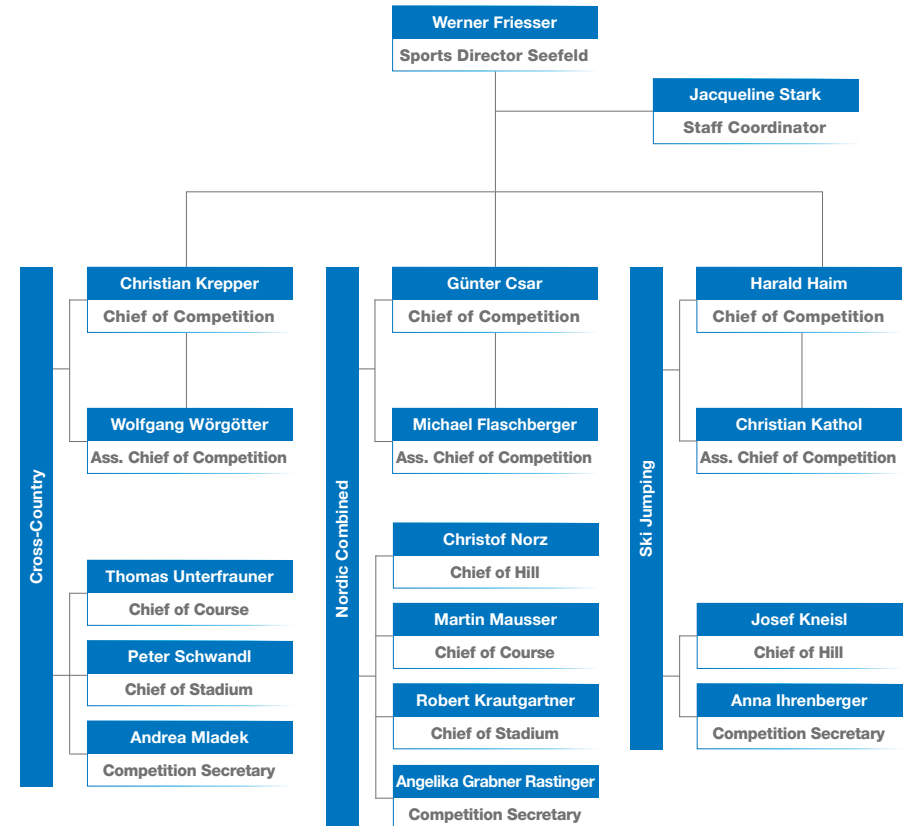
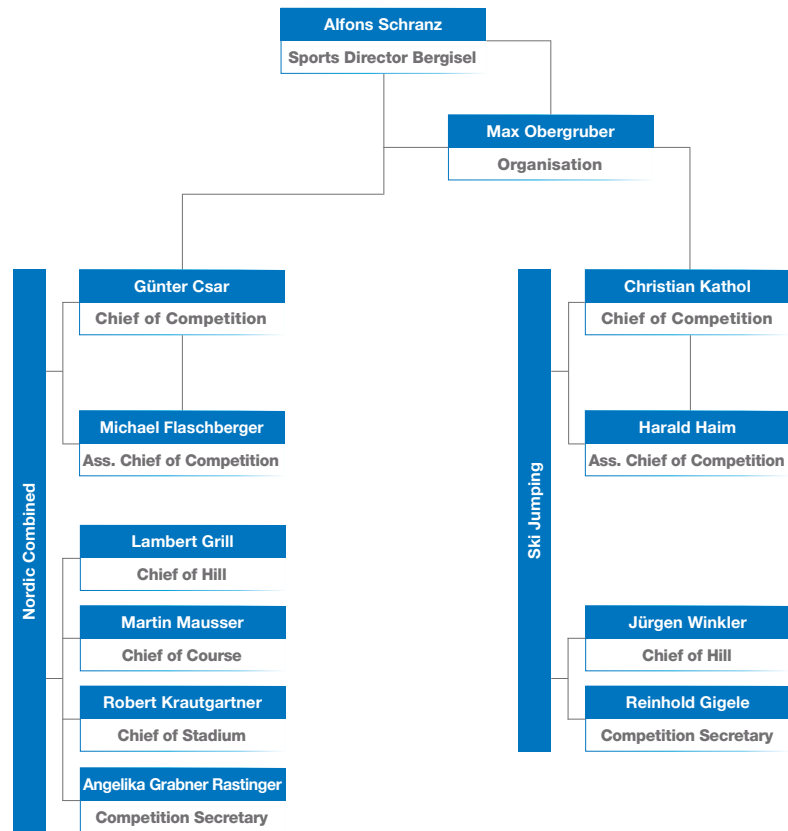


SKI JUMPING

Race Director	Hofer Walter, FIS
Assistant Race Director	Sedlak Borek, FIS
Technical Delegate	Greger Ivo, CZE
Assistant Technical Delegate	Mathis Hubert, SUI
Equipment Control	Gratzer Sepp, FIS
Race Director Ladies	Yoshida Chika, FIS
Assistant Race Director Ladies	Tepes Miran, FIS
Equipment Control Ladies	Baczowska Aga, FIS
Media Coordinator	Nilgen Horst, FIS
Chief Distance Measurer	Rappenglück Franz, GER
Judge	Wolf Stefan, AUT
Judge	Slavik Josef, CZE
Judge	Herzig Michael, GER
Judge	Carli Giambattista, ITA
Judge	Solbu Jarle, NOR
Judge	Amstein David, SUI

MEDICAL/ANTI DOPING

Medical Supervisor	Gaul Larry, USA
Anti-Doping Coordinator	Fussek Sarah, FIS





3. MEDIA INFORMATION

ACCREDITATION - OFFICE

Media accreditations for the FIS Nordic World Ski Championships Seefeld 2019 must be picked up personally in the accreditation office. A valid press card is required for this.

All media representatives are required to wear their accreditation in the period from February 18th to March 3rd. Access to the venues will not be granted without accreditation. Stolen or lost accreditations must be reported immediately to the accreditation office.

Deadline for Media accreditation: 19.01.2019

The accreditation office is located in the music school in Seefeld.

ADDRESS:

Music school Seefeld

Römerweg 582

6100 Seefeld

CONTACT:

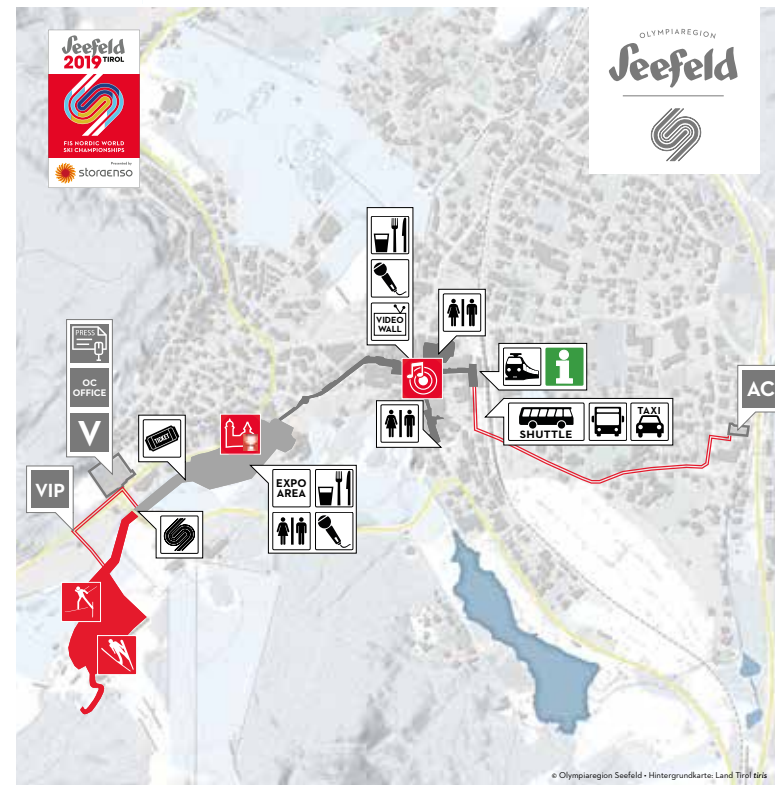
Name: Nicole Sommer

E-Mail: accreditation@seefeld2019.com

Tel: +43 664 88743611

OPENING HOURS ACCREDITATION OFFICE:

18.02. – 03.03.2019 09.00 – 17.00



KEY | LEGENDE

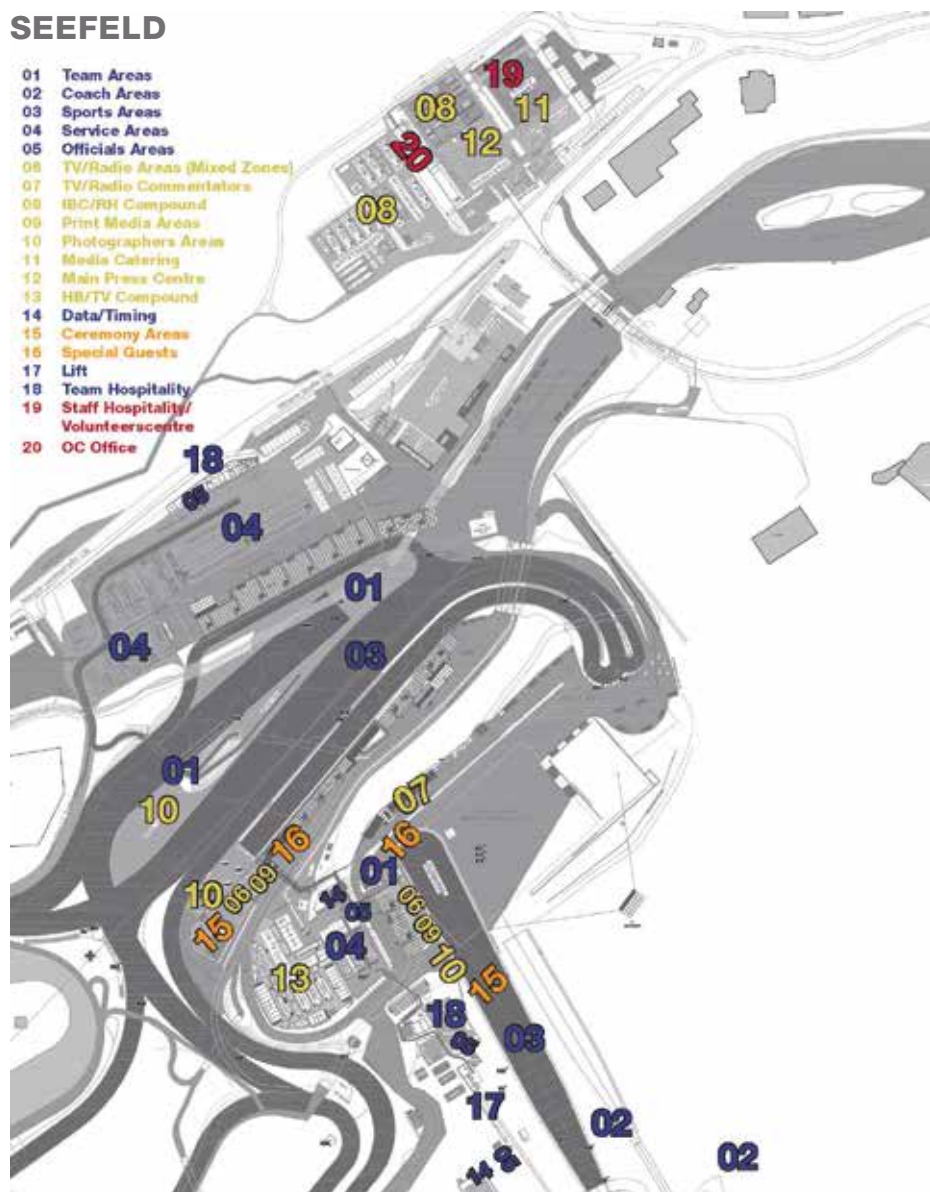
- AC ACCREDITATION CENTRE | AKKREDITIERUNG
- MEDIA CENTRE | PRESSEZENTRUM
- OC OFFICE | OK BÜRO
- V VOLUNTEER CENTRE
- VIP VIP ENTRANCE STADIUM | VIP EINGANG STADION
- NORDIC MILE
- MEDAL PLAZA
- CROSS-COUNTRY ARENA | LANGLAUF ARENA
- SKI JUMPING ARENA | SKISPRUNG ARENA
- EXPO AREA | AUSSTELLER AREAL
- ENTRANCE STADIUM | EINGANG STADION
- TICKETS | TICKETVERKAUF
- INFORMATION
- TRAIN STATION | BAHNHOF
- BUS STATION
- SHUTTLE BUS STOP
- TAXI
- ENTERTAINMENT
- FOOD & DRINKS | VERPFLEGUNG
- VIDEO WALL
- PUBLIC TOILET | ÖFFENTLICHES WC
- FOOTPATH ACCREDITATION
- NORDIC MILE
- MEDAL PLAZA
- STADIUM - TICKET AREA



ACCREDITATION - MATRIX

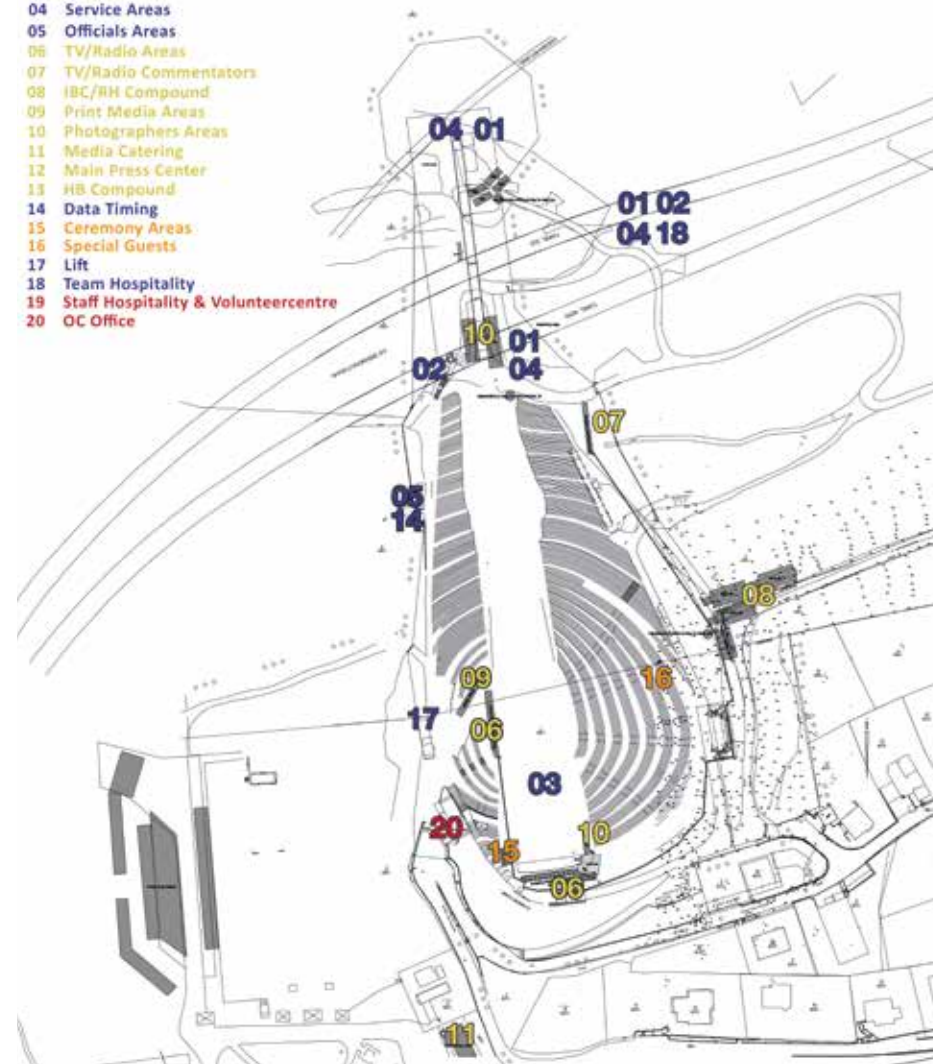
SEEFELD

- 01 Team Areas
- 02 Coach Areas
- 03 Sports Areas
- 04 Service Areas
- 05 Officials Areas
- 06 TV/Radio Areas (Mixed Zones)
- 07 TV/Radio Commentators
- 08 IBC/RH Compound
- 09 Print Media Areas
- 10 Photographers Areas
- 11 Media Catering
- 12 Main Press Centre
- 13 HB/TV Compound
- 14 Data/Timing
- 15 Ceremony Areas
- 16 Special Guests
- 17 Lift
- 18 Team Hospitality
- 19 Staff Hospitality/
Volunteercentre
- 20 OC Office



INNSBRUCK

- 01 Team Areas
- 02 Coaches Areas
- 03 Sports Areas
- 04 Service Areas
- 05 Officials Areas
- 06 TV/Radio Areas
- 07 TV/Radio Commentators
- 08 IBC/RH Compound
- 09 Print Media Areas
- 10 Photographers Areas
- 11 Media Catering
- 12 Main Press Center
- 13 HB Compound
- 14 Data Timing
- 15 Ceremony Areas
- 16 Special Guests
- 17 Lift
- 18 Team Hospitality
- 19 Staff Hospitality & Volunteercentre
- 20 OC Office



COMPETITION PROGRAMME

TIME	DISCIPLINE	EVENT	VENUE
Day 1: Wednesday, 20.02.2019			
09:30 am	Nordic Combined	Training HS130	Bergisel Schanze Innsbruck
12:30 pm	Cross-Country	Quali Ladies 5km (classic)	Cross-Country Arena Seefeld
02:00 pm	Cross-Country	Quali Men 10km (classic)	Cross-Country Arena Seefeld
02:00 pm	Ski Jumping	Training Men HS130	Bergisel Schanze Innsbruck
06:00 pm	Opening Ceremony		Medal Plaza Seefeld

Day 2: Thursday, 21.02.2019			
09:30 am	Nordic Combined	Training HS130	Bergisel Schanze Innsbruck
12:00 am	Cross-Country	Quali Sprint Ladies and Men (Skating)	Cross-Country Arena Seefeld
02:00 pm	Ski Jumping	Training HS130	Bergisel Schanze Innsbruck
02:30 pm	Cross-Country	Final Sprint Ladies and Men (Skating)	Cross-Country Arena Seefeld

Day 3: Friday, 22.02.2019			
09:30 am	Nordic Combined	Trial HS130	Bergisel Schanze Innsbruck
10:00-11:30 am	Cross-Country	Training	Cross-Country Arena Seefeld
10:30 am	Nordic Combined	Ski Jumping HS130	Bergisel Schanze Innsbruck
11:30-01:00 pm	Cross-Country	Training	Cross-Country Arena Seefeld
01:30 pm	Ski Jumping	Trial HS130	Bergisel Schanze Innsbruck
02:30 pm	Ski Jumping	Quali HS130	Bergisel Schanze Innsbruck
04:15 pm	Nordic Combined	Individual Gundersen 10km	Cross-Country Arena Seefeld
06:30 pm	Medal Ceremony	CC Sprint F Ladies	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	CC Sprint F Men	Medal Plaza Seefeld
07:00 pm	Medal Ceremony	NC Individual Gundersen 10km (HS 130)	Medal Plaza Seefeld

Day 4: Saturday, 23.02.2019			
09:30 am	Nordic Combined	Training HS130	Bergisel Schanze Innsbruck
11:00 am	Cross-Country	Skiathlon Ladies 15km	Cross-Country Arena Seefeld
12:30 pm	Cross-Country	Skiathlon Men 30km	Cross-Country Arena Seefeld
01:30 pm	Ski Jumping	Trial Ski Jumping HS130	Bergisel Schanze Innsbruck
02:30 pm	Ski Jumping	Ski Jumping HS130	Bergisel Schanze Innsbruck
06:30 pm	Medal Ceremony	CC Skiathlon Ladies 15km	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	CC Skiathlon Men 30km	Medal Plaza Seefeld
07:00 pm	Medal Ceremony	SJ Men HS 130	Medal Plaza Seefeld



TIME	DISCIPLINE	EVENT	VENUE
Day 5: Sunday, 24.02.2019			
09:15 am	Cross-Country	Quali Team Sprint Ladies and Men	Cross-Country Arena Seefeld
09:30 am	Nordic Combined	Trial Team Sprint HS130	Bergisel Schanze Innsbruck
10:30 am	Nordic Combined	Ski Jumping Team Sprint HS130	Bergisel Schanze Innsbruck
11:30 am	Cross-Country	Final Team Sprint Ladies and Men (classic)	Cross-Country Arena Seefeld
01:30 pm	Nordic Combined	Team Sprint 2x7,5km	Cross-Country Arena Seefeld
01:45 pm	Ski Jumping	Trial Team Ski Jumping HS130	Bergisel Schanze Innsbruck
02:45 pm	Ski Jumping	Ski Jumping Team HS130	Bergisel Schanze Innsbruck
06:30 pm	Medal Ceremony	CC Team Sprint C Ladies	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	CC Team Sprint C Men	Medal Plaza Seefeld
07:00 pm	Medal Ceremony	NC Team Sprint 2 x 7,5km (HS 130)	Medal Plaza Seefeld
07:15 pm	Medal Ceremony	SJ Team Men HS 130	Medal Plaza Seefeld

Day 6: Monday, 25.02.2019			
10:00 am	Nordic Combined	Training Ski Jumping HS109	Toni Seelos Schanze Seefeld
01:00 pm	Ski Jumping	Training Ladies HS109	Toni Seelos Schanze Seefeld
04:00 pm	Ski Jumping	Training Ladies HS109	Toni Seelos Schanze Seefeld
03:30-05:30 pm	Nordic Combined	Training Cross-Country	Cross-Country Arena Seefeld

Day 7: Tuesday, 26.02.2019			
10:00 am	Nordic Combined	Training HS109	Toni Seelos Schanze Seefeld
12:30 pm	Ski Jumping	Training Men HS109	Toni Seelos Schanze Seefeld
03:00 pm	Cross-Country	Ladies 10km (classic)	Cross-Country Arena Seefeld
03:15 pm	Ski Jumping	Trial Ladies HS109	Toni Seelos Schanze Seefeld
04:15 pm	Ski Jumping	Ladies Team HS109	Toni Seelos Schanze Seefeld
	Medal Ceremony	directly after the competition	Finish area Ski Jumping
03:30-05:30 pm	Nordic Combined	Training Cross-Country	Cross-Country Arena Seefeld

Day 8: Wednesday, 27.02.2019			
10:00 am	Nordic Combined	Training HS109	Toni Seelos Schanze Seefeld
02:00 pm	Cross-Country	Men 15km (classic)	Cross-Country Arena Seefeld
03:00 pm	Ski Jumping	Qualification Ladies HS109	Toni Seelos Schanze Seefeld
04:00-05:30 pm	Nordic Combined	Training Cross-Country	Cross-Country Arena Seefeld
04:15 pm	Ski Jumping	Ladies HS109	Toni Seelos Schanze Seefeld
06:30 pm	Medal Ceremony	CC 10 km C Ladies	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	CC 15 km C Men	Medal Plaza Seefeld
07:30 pm	Ski Jumping	Training Men HS109	Toni Seelos Schanze Seefeld



TIME	DISCIPLINE	EVENT	VENUE
Day 9: Thursday, 28.02.2019			
10:00 am	Nordic Combined	Trial Ski Jumping HS109	Toni Seelos Schanze Seefeld
11:00 am	Nordic Combined	Ski Jumping HS109	Toni Seelos Schanze Seefeld
01:00 pm	Cross-Country	Relay Ladies 4x5km	Cross-Country Arena Seefeld
03:15 pm	Nordic Combined	Individual Gundersen 10km	Cross-Country Arena Seefeld
03:30 pm	Ski Jumping	Trial Men HS109	Toni Seelos Schanze Seefeld
04:30 pm	Ski Jumping	Quali Men HS109	Toni Seelos Schanze Seefeld
06:30 pm	Medal Ceremony	SJ HS 109 Ladies	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	CC Relay Ladies 4 x 5km	Medal Plaza Seefeld
07:00 pm	Medal Ceremony	NC Individual Gundersen 10km (HS 109)	Medal Plaza Seefeld
Day 10: Friday, 01.03.2019			
10:00 am	Nordic Combined	Training Ski Jumping HS109	Toni Seelos Schanze Seefeld
12:00 am	Ski Jumping	Training Mixed Team Ladies HS109	Toni Seelos Schanze Seefeld
01:00 pm	Ski Jumping	Training Mixed Team Men HS109	Toni Seelos Schanze Seefeld
01:15 pm	Cross-Country	Relay Men 4x10km	Cross-Country Arena Seefeld
03:00 pm	Ski Jumping	Trial Men HS109m	Toni Seelos Schanze Seefeld
04:00 pm	Ski Jumping	Men HS109m	Toni Seelos Schanze Seefeld
04:00-05:30 pm	Nordic Combined	Training Cross-Country	Cross-Country Arena Seefeld
06:30 pm	Medal Ceremony	CC Relay Men 4 x 10km	Medal Plaza Seefeld
Day 11: Saturday, 02.03.2019			
10:00 am	Nordic Combined	Trial Team Ski Jumping HS109	Toni Seelos Schanze Seefeld
11:00 am	Nordic Combined	Team Ski Jumping HS109	Toni Seelos Schanze Seefeld
12:15 pm	Cross-Country	Mass Start Ladies 30km (Skating)	Cross-Country Arena Seefeld
02:45 pm	Nordic Combined	Team Cross-Country 4x5km	Cross-Country Arena Seefeld
03:00 pm	Ski Jumping	Trial Mixed Team HS109	Toni Seelos Schanze Seefeld
04:00 pm	Ski Jumping	Mixed Team HS109	Toni Seelos Schanze Seefeld
06:30 pm	Medal Ceremony	CC Mass Start Ladies F 30km	Medal Plaza Seefeld
06:45 pm	Medal Ceremony	NC Team 4 x 5km (HS 109)	Medal Plaza Seefeld
07:00 pm	Medal Ceremony	SJ Men HS 109	Medal Plaza Seefeld
07:15 pm	Medal Ceremony	SJ Mixed Team (HS 109)	Medal Plaza Seefeld
Day 12: Sunday, 03.03.2019			
01:00 pm	Cross-Country	Mass Start Men 50km (Skating)	Cross-Country Arena Seefeld
03:30 pm	Medal Ceremony	CC Mass Start Men F 50km	Cross-Country Arena Seefeld
03:30 pm	Closing Ceremony		Cross-Country Arena Seefeld



MEDIA CENTRE SEEFELD

The media center in Seefeld is located in the newly renovated "WM-Halle", only a few walking minutes to the ski jumping and cross-country skiing arena. Covering an area of 2500 square meters, it houses the Media Center and the International Broadcast Center (IBC).

The media center is equipped with 300 modern workplaces for print journalists and photographers. All press conferences (including those of the competitions in Innsbruck) take place in the media centre after the competitions. In addition to the media centre, there is an extra media working space next to the ski jumping hill, which is reserved for international agencies.

In the media centre are also housed the work areas of the chief of media, the chief of photo and the LOC media team. General information as well as start and result lists are available at the information desk. In all media areas in the "WM-Halle", media representatives have access to a free W-Lan connection. In addition, LAN cabling for photographers are provided.

Hot and cold drinks (water, tea, coffee, etc.) are available free of charge at the media center in the "WM-Halle"

Media Catering:

The Media Catering in cooperation with the public restaurant "Loungis" is also located in the WM-Halle, right next to the media center. There is a daily menu and various dishes à la carte (from € 6 to 13) offered.

Contact Media Center:

Möserer Str. 632, 6100 Seefeld in Tirol

E-mail: media@seefeld2019.com, Mobile: +43 664 8152851



OPENING HOURS MEDIA CENTRE SEEFELD (WM-HALLE)

Monday, 18.02.2019	10.00 – 18.00
Tuesday, 19.02.2019	09.00 – 18.00
Wednesday, 20.02.2019	08.00 – 21.00
Thursday, 21.02.2019	08.00 – 19.00
Friday, 22.02.2019	08.00 – 21.00
Saturday, 23.02.2019	08.00 – 21.00
Sunday, 24.02.2019	08.00 – 21.00
Monday, 25.02.2019	08.00 – 20.00
Tuesday, 26.02.2019	08.00 – 20.00
Wednesday 27.02.2019	08.00 – 22.00
Thursday, 28.02.2019	08.00 – 21.00
Friday, 01.03.2019	08.00 – 21.00
Saturday, 02.03.2019	08.00 – 21.00
Sunday, 03.03.2019	08.00 – 19.00

MEDIA CENTER INNSBRUCK

During the jumping competitions at Innsbruck Bergisel, the Urichhaus (Bergiselweg 3, 6020 Innsbruck) serves as a media center. In addition, there is an extra working space for photographers at the Berisel arena (jumping table). All workstations are equipped with free WLAN.



OPENING HOURS MEDIA CENTRE INNSBRUCK (URICHHAUS)

Tuesday, 19.02.2019	08.00 – 18.00 Uhr
Wednesday, 20.02.2019	08.00 – 18.00 Uhr
Thursday, 21.02.2019	08.00 – 18.00 Uhr
Friday, 22.02.2019	08.00 – 18.00 Uhr
Saturday, 23.02.2019	08.00 – 19.00 Uhr
Sunday, 24.02.2019	08.00 – 19.00 Uhr



MEDIA TEAM LOC SEEFELD

CHIEF OF PRESS:

Josef Schmid schmid@oesv.at

MEDIA COORDINATOR:

Bernhard Foidl media@seefeld2019.com

CHIEF OF PHOTO:

Harald Steiner photo@seefeld2019.com

OTHER CONTACTS:

Main Media Center Manager: **Karin Norz**

Social Media: **Fred Steinacher**

Website seefeld2019: **Kerstin Maier**

Media Lounge: **Bettina Friedrichs**

Accommodation: **Melanie Klotz**

COMMUNICATION CONTACTS FIS

Jenny Wiedeke | Communications Director | wiedeke@fisski.com

Silke Tegethof | Nordic Combined Media Coordinator | tegethof@fisski.com

Doris Kallen | Cross Country Media Coordinator | kallen@fisski.com

Horst Nilgen | Ski Jumping Media Coordinator | nilgen@fisski.com

MEDIA LOUNGE

Are you looking for a place to kick back after chasing the top Nordic sports stories at this year's World Championships? Somewhere where you can let the inspiration rise to the surface again for the next morning's events? Or maybe just a location where you can hang out with other colleagues from around the world, chew the fat, swap a few memories and make some new connections?

Seefeld has come up with what we think is a pretty special way to host our media representatives for this year's FIS Nordic World Ski Championships in Seefeld. A 200 square meters Media Lounge with plenty of surprises waiting for you.

PRESS CONFERENCES

All press conferences will take place in the Media Center WM-Halle Seefeld. Press conferences with the medal winners (also those of the Innsbruck competitions) are in each case following the competitions.

Opening Press Conference:

The Opening Press Conference of the FIS and the Organizing Committee Seefeld 2019 will take place on Wednesday, February 20th, at 16.00 in the World Cup Hall. Information on further press conferences can be found on site in the Press Center.





PHOTO MANAGER:

Harald Steiner

Cross Country, Medal Plaza, Media Center
+43 664 4416644
photo@seefeld2019.com

Christian Walgram

Ski Jumping
+43 664 88410182
photo@seefeld2019.com

PHOTO BRIEFING:

Main photo briefing: The main photo briefing for the FIS Nordic World Championships Seefeld 2019 will be held in the Media Centre Seefeld on Tuesday, February 19th at 17.00. The main photo briefing is mandatory for all accredited photographers. **Daily briefings:** Additionally there will be photo briefings held on every competition day. The daily briefings will be two hours prior to the competition start. The meeting point is in the Media Centre.

INTERNET:

The photo positions in the cross-country finish stadium, the photo positions in the ski jumping stadium Seefeld and Bergisel, as well as at the photo position at the Medal Plaza will have its own photographer WIFI Internet with sufficient bandwidth.

CAMERA SERVICE:

Canon and Nikon will be present in the Main Media Centre, offering technical assistance and help free of charge for photographers.

LOCKERS:

Secure Lockers are available in the Media Centre for a deposit of € 20, -. The keys are available at the information desk.

FOTO BIBS:

All photographers who work in the competition area must wear a photo bib. The bibs and your accreditation card give you access to the photo zones and the media centre. Photo Bibs are handed over for a deposit of € 20 from the photo manager after the photo briefing.



WHATSAPP-GROUP:



In the WhatsApp-group „**Photo Info Seefeld 2019**“, photographers receive up-to-date information on all important topics (entrances, photo positions, course maps Day by Day, etc.)

Just click on the link and log in:

<https://chat.whatsapp.com/GzjY3RK7FSY4qIYf95ibHX>

NEWS AND PHOTO SERVICE

During the World Championships, press releases, editorial sports and event reports as well as pictures free of charge will be available on the official website seefeld2019.com:

LINK:

<https://www.seefeld2019.com/media>

<http://www.gepa-pictures.com/download/seefeld2019>

There you will also find pictures of the medal winners for free use for all photographers/agencies, which are made after the competitions by the chief of photo.

WHATSAPP SERVICE FIS



For additional information about the FIS Nordic World Ski Championships (such as jury decisions, program changes etc.), you can simply join the following FIS WhatsApp groups:

NORDIC COMBINED:

<https://chat.whatsapp.com/BX5QHBWoKFs434pvUpghIC>

CROSS-COUNTRY:

<https://chat.whatsapp.com/GMZKMKnQjXt1RrOs8IgTgd>

SKI JUMPING:

<https://chat.whatsapp.com/Kkc2yW24JJqFuWFSQIcCCf>

MEDIA TRANSPORT | PARKING

Free Media Shuttle:

In Seefeld a free shuttle system will be set up for all media representatives. In addition, buses run on all competition days between the Media Center Seefeld and the Bergisel Stadium.

Accreditation = free transport

With a valid media accreditation you can use all media shuttles and all train connections (ÖBB) between Innsbruck and Seefeld for free. For the exact schedule visit: www.oebb.at

Media parking:

All media representatives are encouraged to use free shuttle services or public transport. The parking capacity is very limited during the Championships. Parking tickets, that are issued at the accreditation office, can only be awarded according to strict selection criteria. The media parking spot (Möserer Straße) is located west of the media center and is only a few minutes walk away. Moreover media shuttles between the media parking spot and the Media centre are offered.

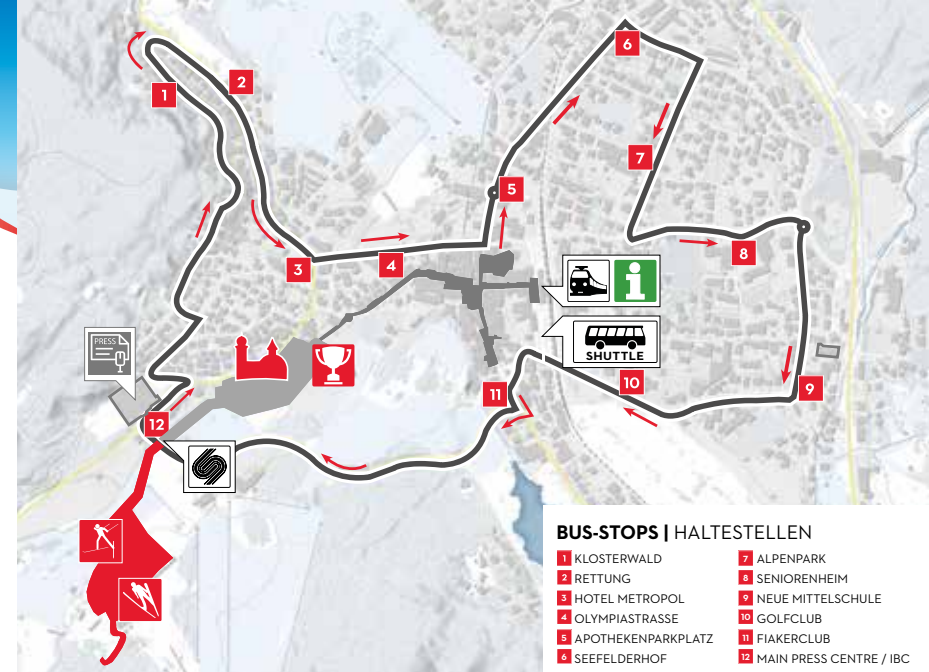
REGIONAL BUS/TRAIN SYSTEM

On www.vvt.at (bus) and www.oebb.at (train) you will find all current connections and timetables.

TRANSPORTATION TO BERGISEL/ MEDIACENTER (19.02.-24.02.2019)

Main Press Centre / IBC	07:00	08:00	11:00	12:00		
Bergisel/MediaCenter	07:45	08:45	11:45	12:45		
Bergisel/MediaCenter	12:00	13:00	14:00	15:00	16:00	17:00
Main Press Centre/ IBC	12:45	13:45	14:45	15:45	16:45	17:45

Last Shuttle-option to Seefeld by closing Bergisel/MediaCentre.



MEDIA & TV BUS-SHUTTLE SYSTEM

BUS-STOP											
1	Klosterwald	07:00	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30
2	Rettung	07:01	07:31	08:01	08:31	09:01	09:31	10:01	10:31	11:01	11:31
3	Hotel Metropol	07:03	07:33	08:03	08:33	09:03	09:33	10:03	10:33	11:03	11:33
4	Olympiastraße	07:04	07:34	08:04	08:34	09:04	09:34	10:04	10:34	11:04	11:34
5	Apothekenparkplatz	07:05	07:35	08:05	08:35	09:05	09:35	10:05	10:35	11:05	11:35
6	Seefelderhof	07:07	07:37	08:07	08:37	09:07	09:37	10:07	10:37	11:07	11:37
7	Alpenpark	07:08	07:38	08:08	08:38	09:08	09:38	10:08	10:38	11:08	11:38
8	Seniorenheim	07:09	07:39	08:09	08:39	09:09	09:39	10:09	10:39	11:09	11:39
9	Neue Mittelschule	07:10	07:40	08:10	08:40	09:10	09:40	10:10	10:40	11:10	11:40
10	Golfclub	07:12	07:42	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42
11	Fiakerplatz	07:13	07:43	08:13	08:43	09:13	09:43	10:13	10:43	11:13	11:43
12	Main Press Centre / IBC	07:15	07:45	08:15	08:45	09:15	09:45	10:15	10:45	11:15	11:45
12	Main Press Centre / IBC	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30
1	Klosterwald	16:03	16:33	17:03	17:33	18:03	18:33	19:03	19:33	20:03	20:33
2	Rettung	16:04	16:34	17:04	17:34	18:04	18:34	19:04	19:34	20:04	20:34
3	Hotel Metropol	16:06	16:36	17:06	17:36	18:06	18:36	19:06	19:36	20:06	20:36
4	Olympiastraße	16:07	16:37	17:07	17:37	18:07	18:37	19:07	19:37	20:07	20:37
5	Apothekenparkplatz	16:08	16:38	17:08	17:38	18:08	18:38	19:08	19:38	20:08	20:38
6	Seefelderhof	16:10	16:40	17:10	17:40	18:10	18:40	19:10	19:40	20:10	20:40
7	Alpenpark	16:11	16:41	17:11	17:41	18:11	18:41	19:11	19:41	20:11	20:41
8	Seniorenheim	16:12	16:42	17:12	17:42	18:12	18:42	19:12	19:42	20:12	20:42
9	Neue Mittelschule	16:13	16:43	17:13	17:43	18:13	18:43	19:13	19:43	20:13	20:43
10	Golfclub	16:15	16:45	17:15	17:45	18:15	18:45	19:15	19:45	20:15	20:45
11	Fiakerplatz	16:16	16:46	17:16	17:46	18:16	18:46	19:16	19:46	20:16	20:46

OFFICIAL TITLE:

FIS Nordic World Ski Championships Seefeld 2019

OFFICIAL LOGO:



MASCOT:



The official mascot of the Nordic Ski World Championships 2019 is called **"Snowi"**.

WEBSITE:

The official website of the FIS Nordic World Ski Championships 2019 is www.seefeld2019.com

SOCIAL MEDIA:

Facebook: www.facebook.com/seefeld2019

Instagram: www.instagram.com/seefeld.2019

Hashtags: #roadtoseefeld2019 #seefeld2019



OPENING CEREMONY:

The opening ceremony will take place on Wednesday, February 20th, 18.00 on Seefeld's Medal Plaza near the chapel „Seekirchl“. Admission is free!

CLOSING CEREMONY:

The closing ceremony takes place after the medal ceremony of the final cross-country race (50 km mass start men) in the cross-country stadium.

MEDIA EVENING:

The LOC Seefeld 2019, together with its partners Infront Sports & Media and the Tourist Boards from Seefeld, Innsbruck and Tirol, has the honor to invite all media representatives to the "Official Media Evening" on Thursday, 21.02.2019, at 7.00 pm to the VIP tent in Seefeld. More detailed information and a personal invitation for the media evening will be provided at the Media Centre.

MEDAL PLAZA:

The medal ceremonies take place at 6.30 pm (according to the program) at the Medal Plaza in Seefeld. The medal presentation on the final day is part of the closing ceremony and takes place immediately after the last competition in the stadium. In front of the stage at the Medal Plaza there is a separate media area for TV teams and photographers.
























4. PLANS

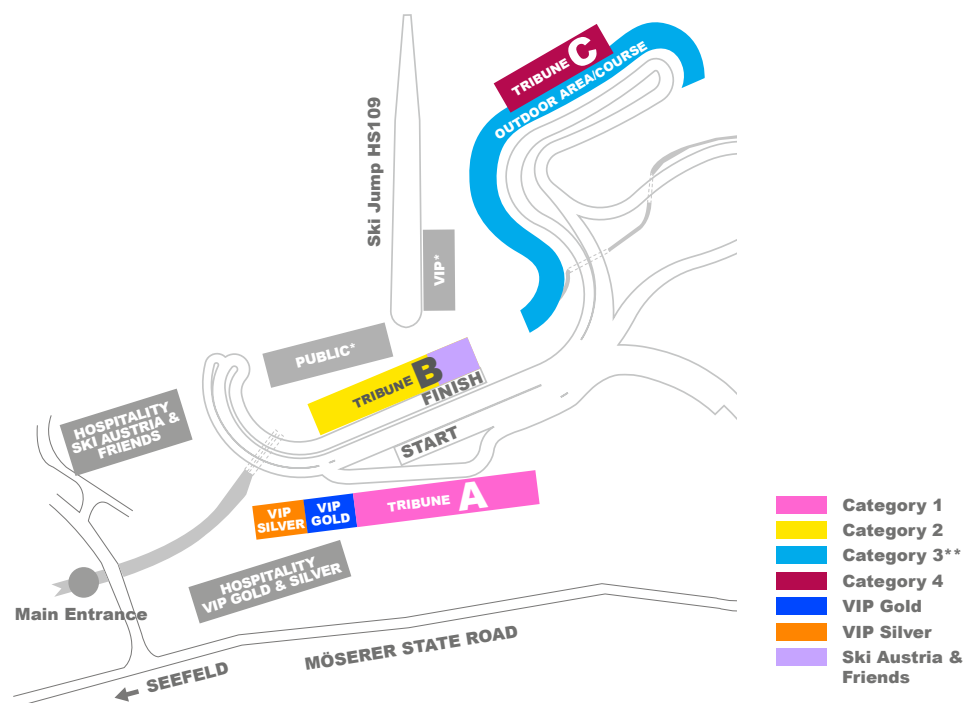


KEY | LEGENDE

-  **NORDIC MILE**
-  **MEDAL PLAZA**
-  **CROSS-COUNTRY ARENA | LANGLAUF ARENA**
-  **SKI JUMPING ARENA | SKISPRUNG ARENA**
-  **EXPO AREA | AUSSTELLER AREAL**
-  **ENTRANCE STADIUM | EINGANG STADION**
-  **TICKETS | TICKETVERKAUF**
-  **INFORMATION**
-  **TRAIN STATION | BAHNHOF**
-  **BUS STATION**
-  **SHUTTLE BUS STOP**
-  **TAXI**
-  **ENTERTAINMENT**
-  **FOOD & DRINKS | VERPFLEGUNG**
-  **VIDEO WALL**
-  **PUBLIC TOILET | ÖFFENTLICHES WC**

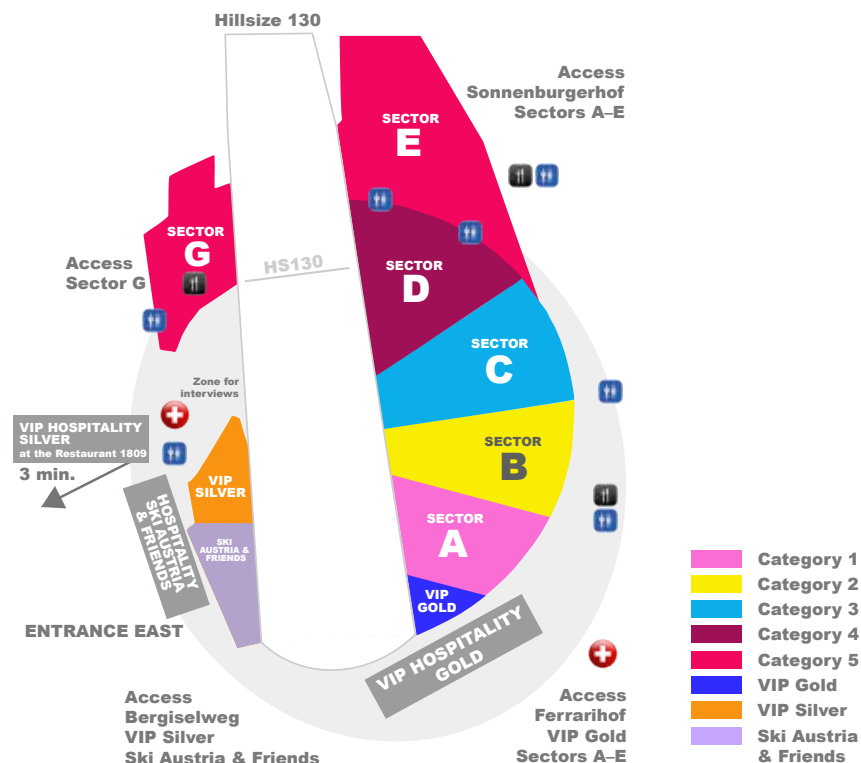
-  **NORDIC MILE**
-  **MEDAL PLAZA**
-  **STADIUM - TICKET AREA**

SEEFELD | TONI SEELOS JUMPING HILL AND CROSS-COUNTRY ARENA



*At ski-jump contests the categories 1-4 have access to PUBLIC and the categories GOLD, SILVER, Ski Austria & Friends to VIP
**Along the entire course

INNSBRUCK | BERGISEL SKIJUMPING HILL



JUMPING HILLS

SEEFELD | TONI SEELOS JUMPING HILL

In 1931, the "Jahnschanze" was built in Seefeld in Tirol and in 1948 it was renamed after the skiing legend Anton Seelos. The Toni Seelos jump was demolished in 2010 to create space for two new Toni Seelos jumps – the HS75 and the HS109. These were officially opened in the same year.

TECHNICAL SPECIFICATIONS (TONI SEELOS JUMPING HILL HS 109)

Hillsize: 109 meters
K-width: 98,85 meters
Gradient of jump: 34 degrees
Length of jump: 91,36 meters
Length of skijump table: 6,42 meters
Height of skijump table: 2,47 meters
Length of runout: 79 meters



INNSBRUCK | BERGISEL SKIJUMPING HILL

The first ski jump was erected on the historic Bergisel in the year 1925. In 1964 and 1976, the Innsbruck Ski Jump was venue of the Olympic Ski Jumping competitions and since 2002 the new tower is regarded as a modern symbol of Innsbruck. The masterpiece was designed by star architect Zaha Hadid and connects several architectural divisions like the inrun track as a bridge construction, the tower as a building construction and the tower head as a steel construction. The Bergisel Stadium is host of the annual Four Hills Tournament.

TECHNICAL SPECIFICATIONS (BERGISEL SKIJUMPING HILL HS 130)

Total height: 134 m
Tower height: 50 m
Length of inrun track: 91,3 m
Take off speed: 92 km/h
Calculation point: 120 m
Hillsize: 130 m
Total length until start of run-out: 95 m

SEEFELD | CROSS-COUNTRY COURSES

COMPETITION CC	DISTANCE	COURSE
Qualification	5 km Ladies CT	1 x 5 km blue
Qualification	10 km Men CT	2 x 5 km blue
Sprint	Ladies FT	1,2 km blue
Sprint	Men FT	1,5 km blue
Team Sprint	Ladies CT	6 x 1,2 km blue
Team Sprint	Men CT	6 x 1,5 km blue
10 km	Ladies CT	2 x 5 km blue
15 km	Men CT	2 x 7,5 km – 2 x (3,75 km red + 3,75 km blue)
Skiathlon	Ladies	7,5 km C + 7,5 km F - (2 x 3,75 km red + 2 x 3,75 km blue)
Skiathlon	Men	15 km C + 15 km F - (4 x 3,75 km red + 4 x 3,75 km blue)
Relay	Ladies CT + FT	4 x 5 km - 4 x (2 x 2,5 km blue)
Relay	Men CT + FT	4 x 10 km - 4 x (3 x 3,3 km blue)
30 km	Ladies FT	4 x 7,5 km - 4 x (3,75 km red + 3,75 km blue)
50 km	Men FT	6 x 8,3 km - 6 x (3,75 km red + 4,6 km blue)



SEEFELD | NORDIC COMBINED COURSES

COMPETITION NC	DISTANCE	COURSE
Indiv. Gundersen HS 130	10 km	4 x 2,5 km blue
Indiv. Gundersen HS 109	10 km	4 x 2,5 km red
Team Sprint	2 x 7,5 km	2 x (5 x 1,5 km red)
Team	4 x 5 km	4 x (2 x 2,5 km blue)

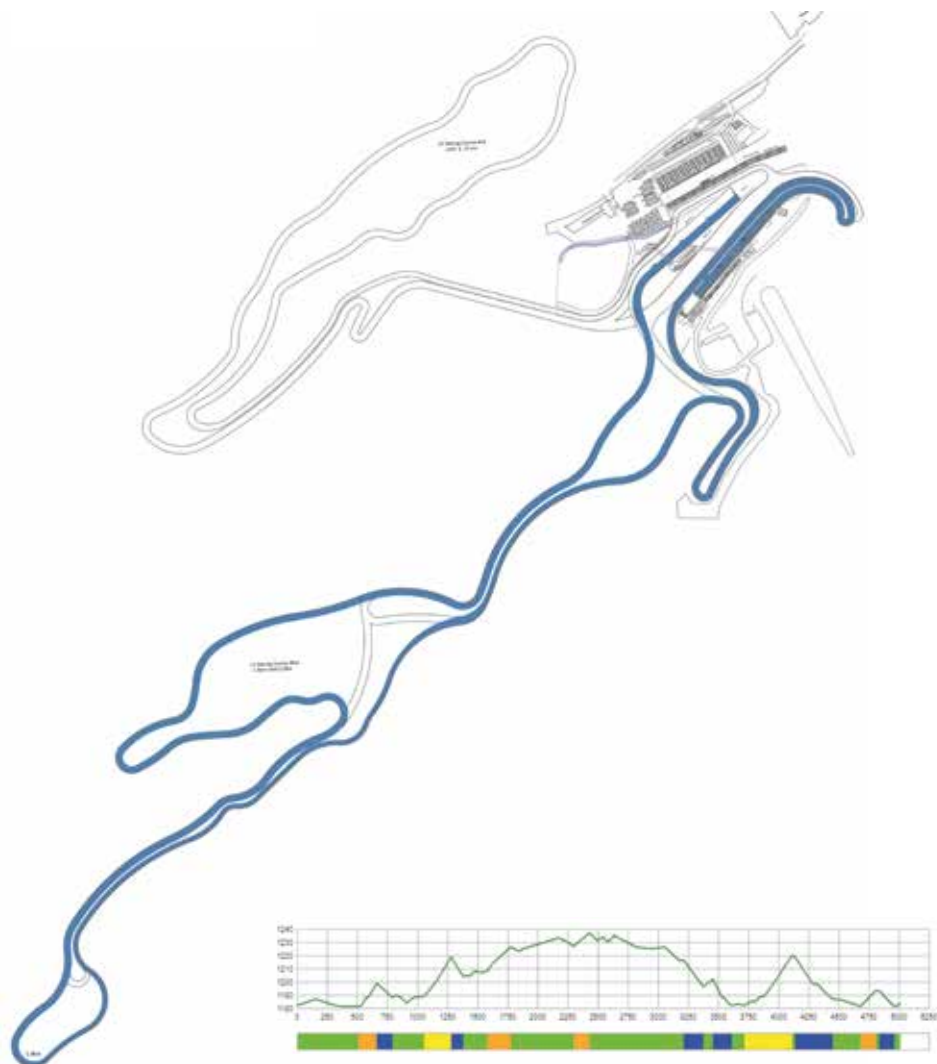
HERE YOU WILL FIND ALL COURSES:

<https://www.seefeld2019.com/en/wm-information/tracks-1>

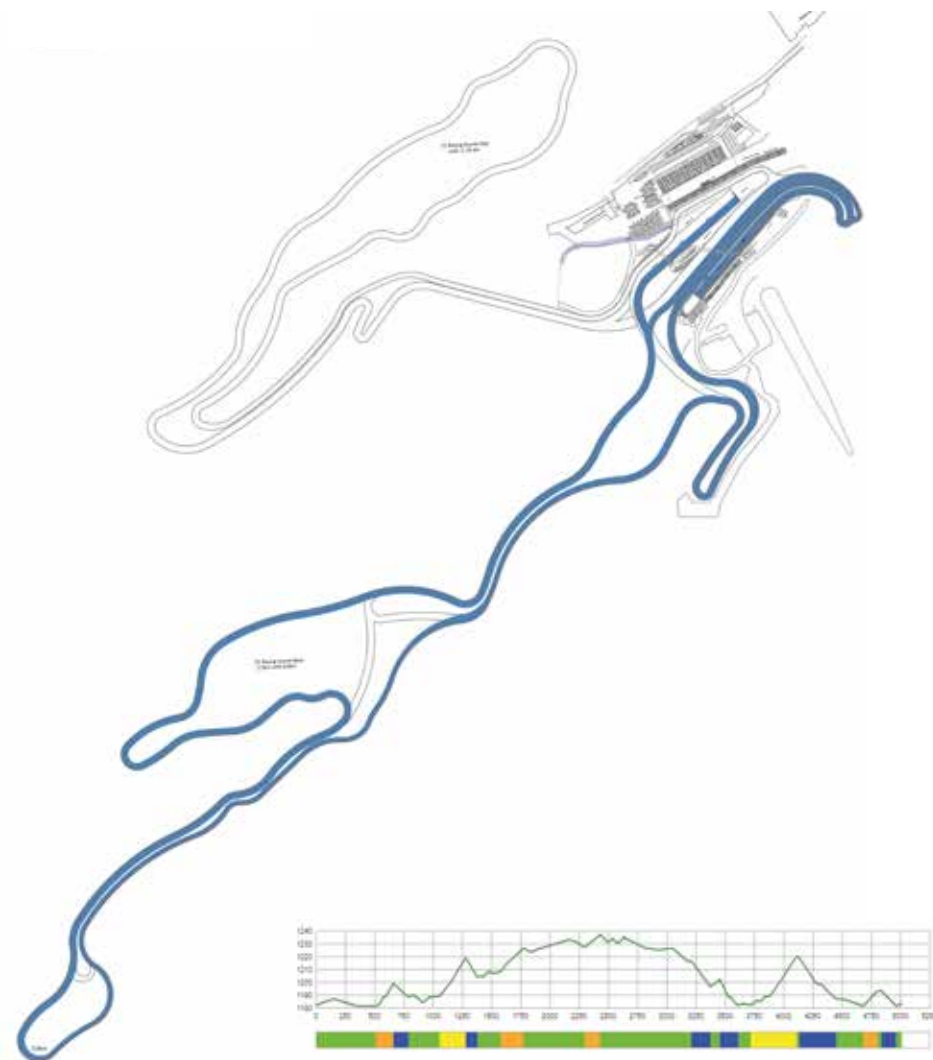


COURSES

DAY 1: QUALIFICATION LADIES 5 km CL

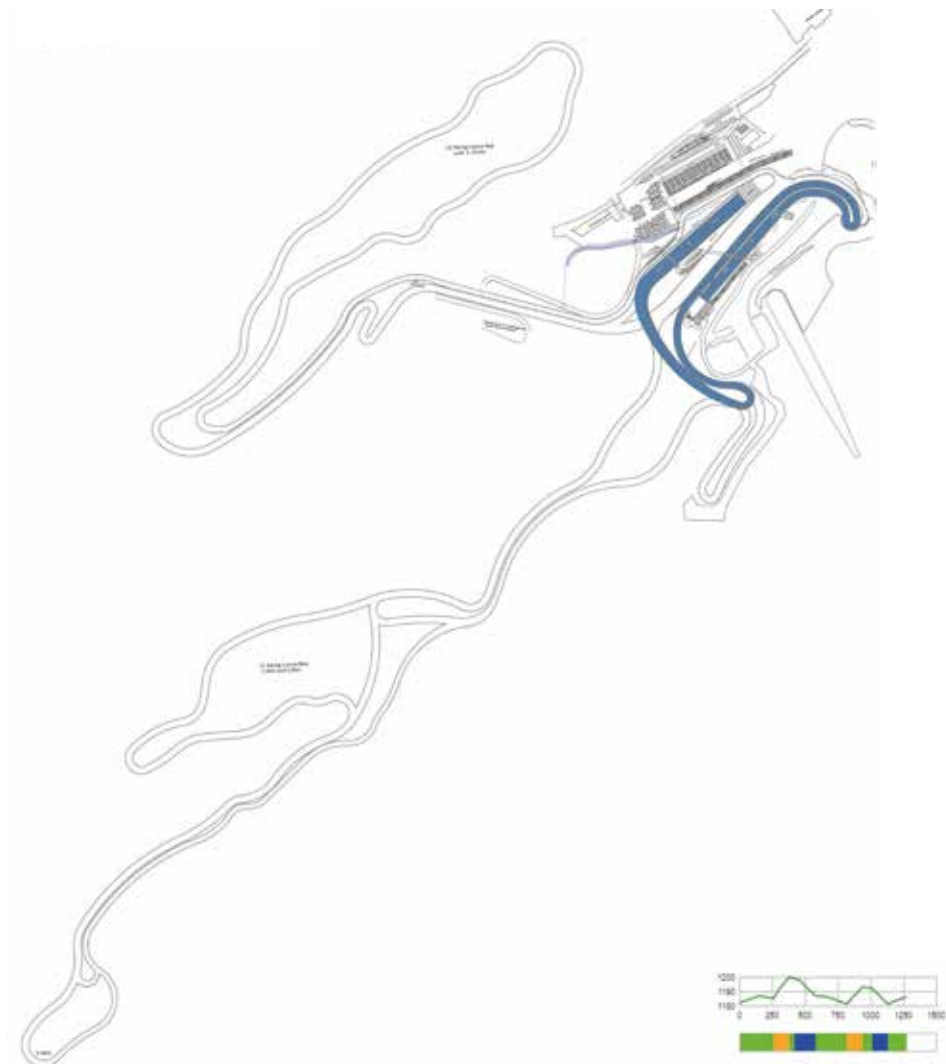


DAY 1: QUALIFICATION MEN 10 km CL

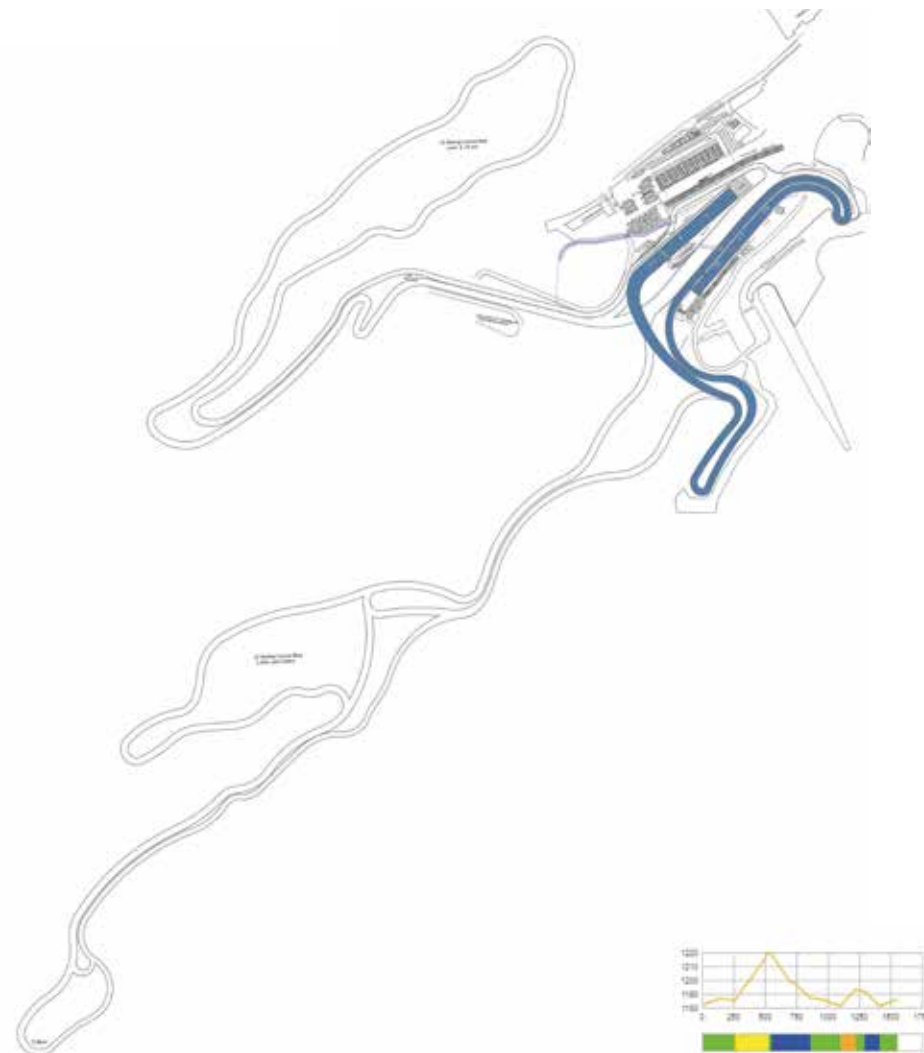


COURSES

DAY 2: QUALIFICATION SPRINT LADIES FT

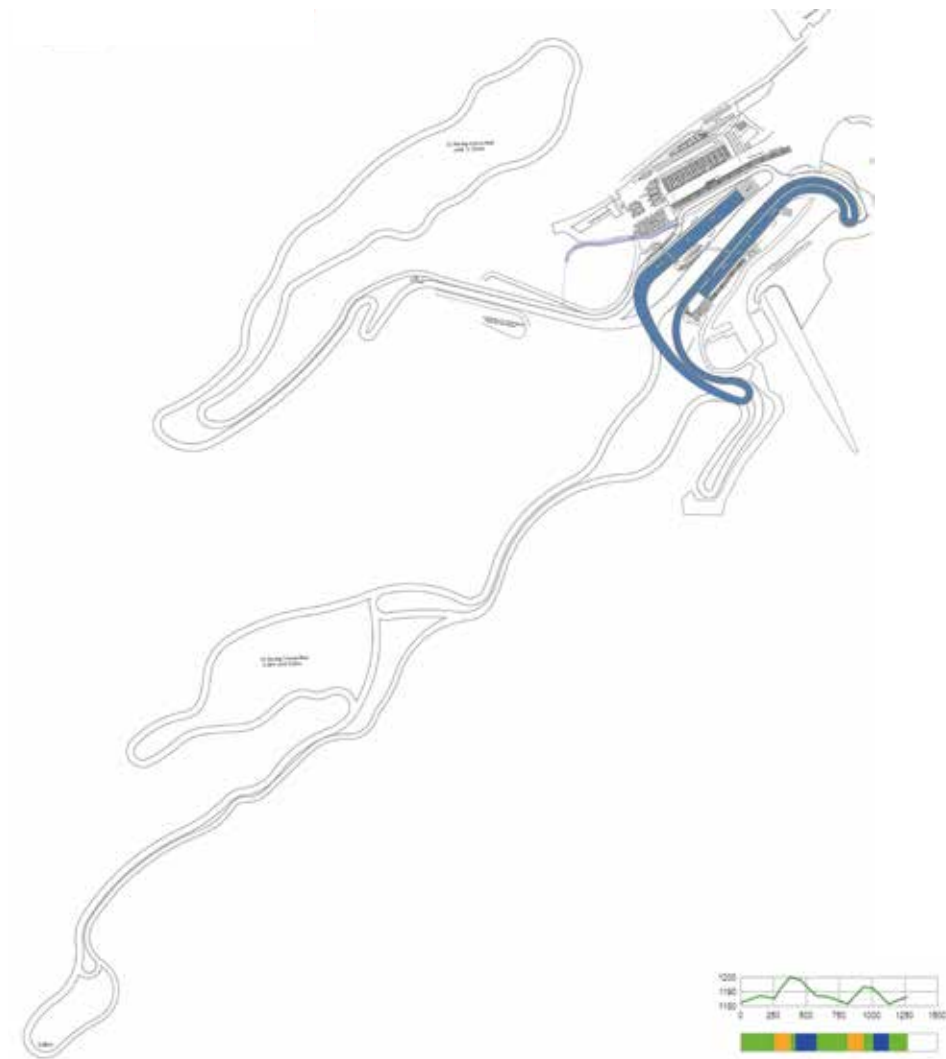


DAY 2: QUALIFICATION SPRINT MEN FT

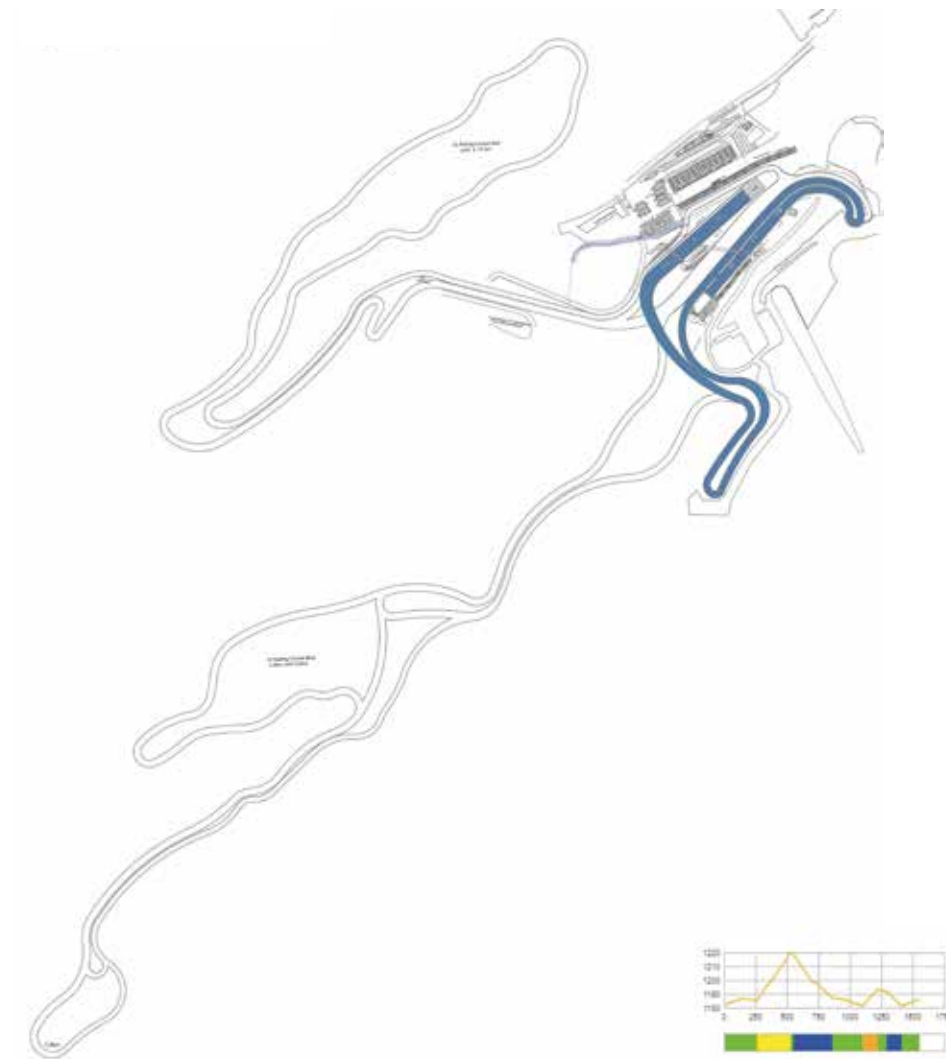


COURSES

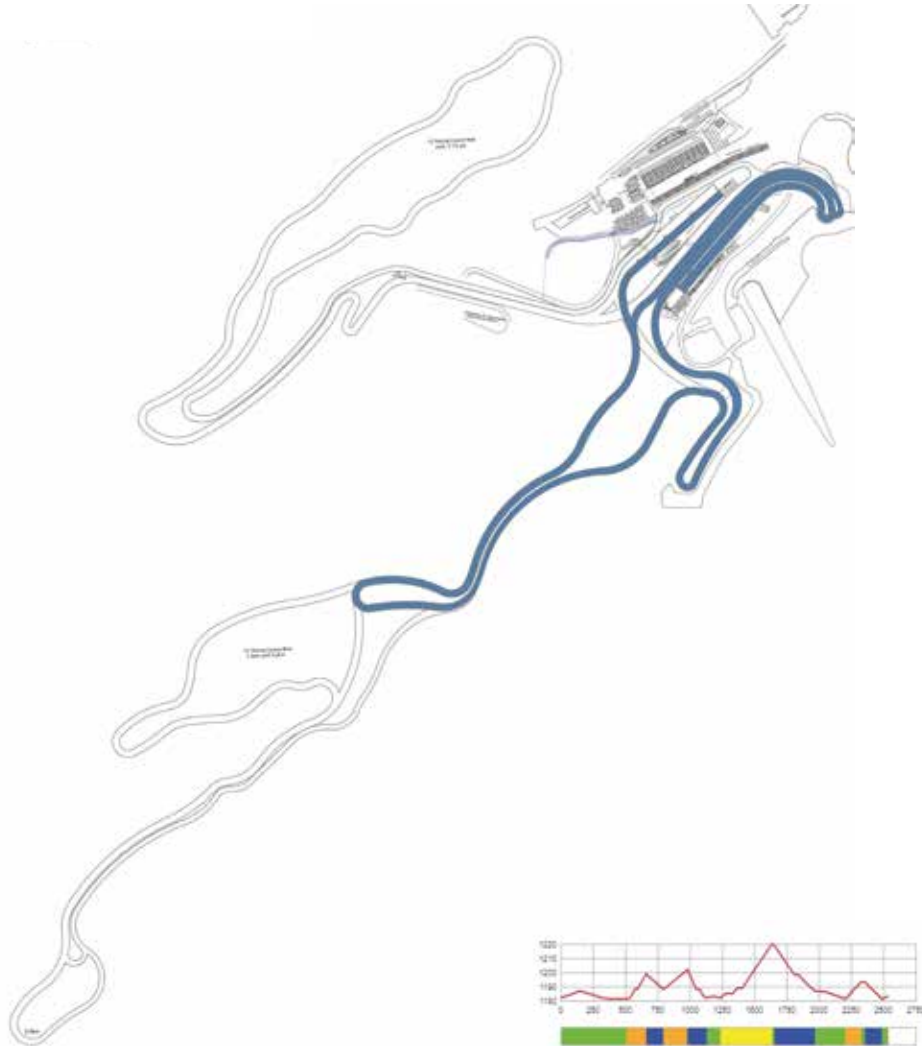
DAY 2: FINALS SPRINT LADIES FT



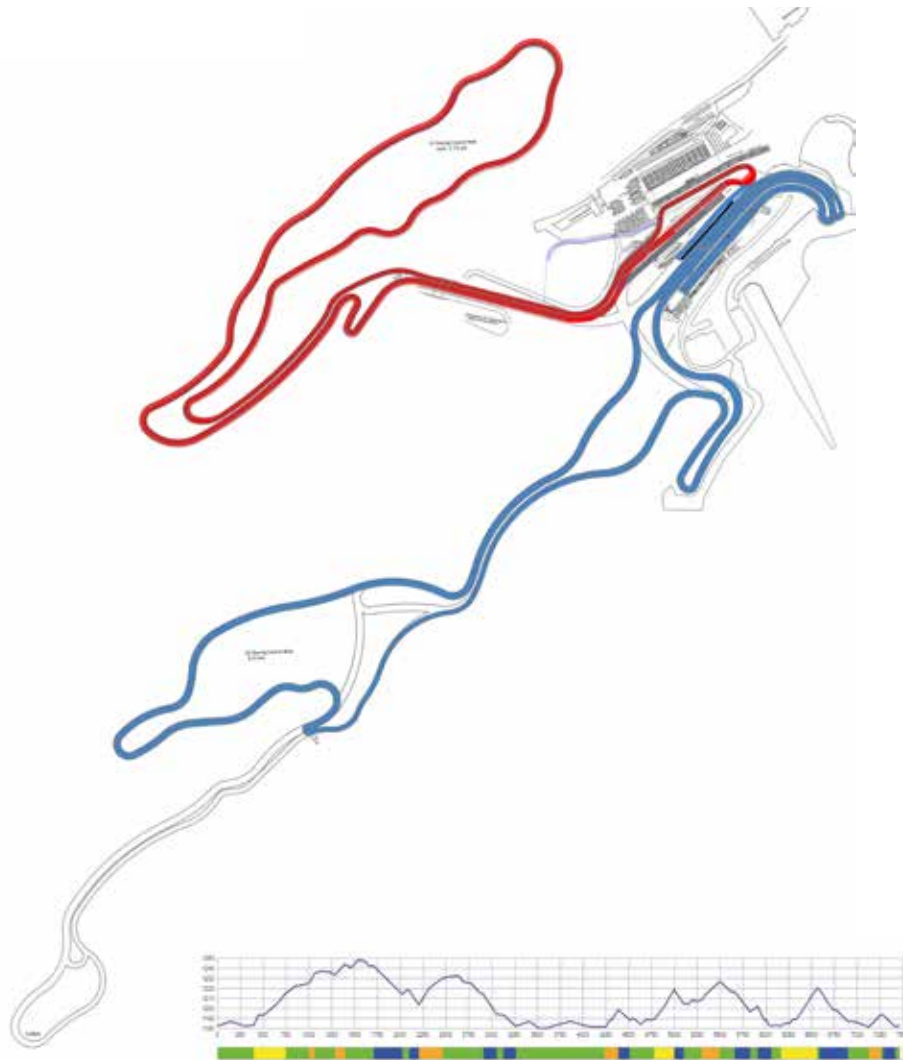
DAY 2: FINALS SPRINT MEN FT



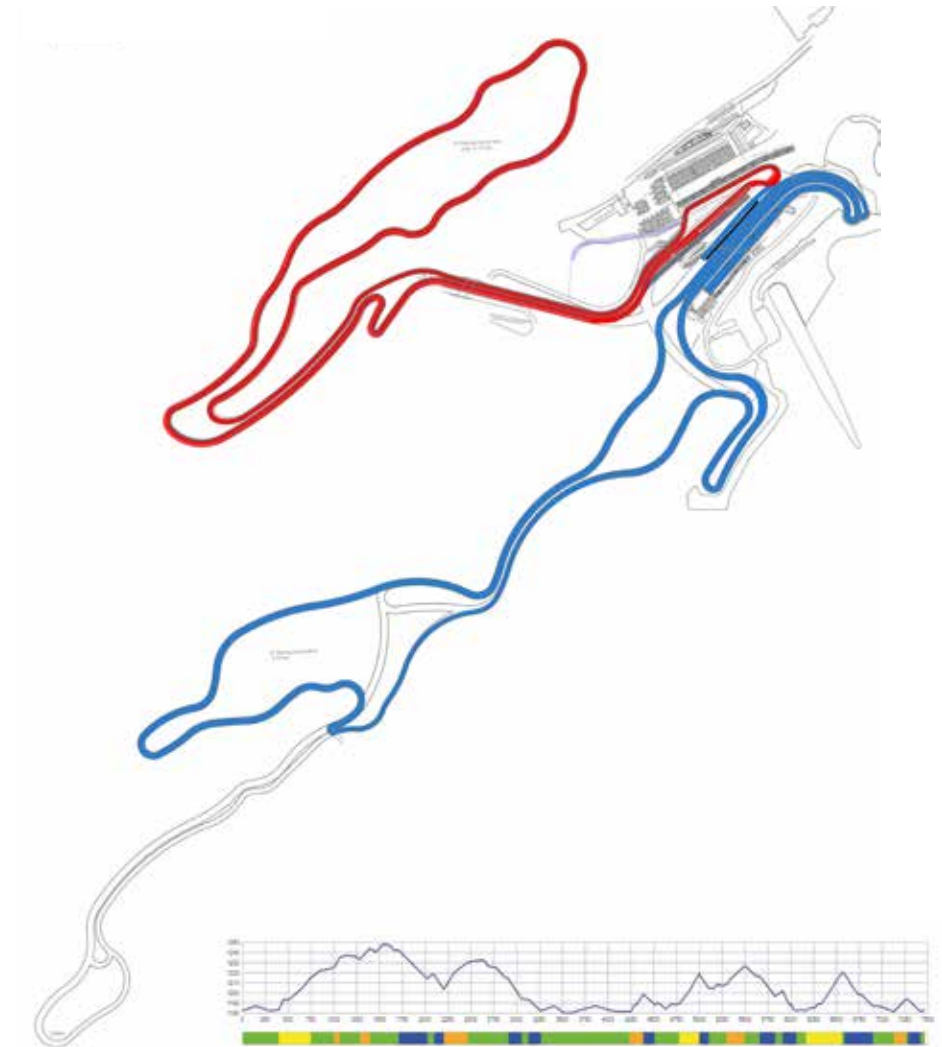
DAY 3: NORDIC COMBINED 10 km



DAY 4: SKIATHLON LADIES

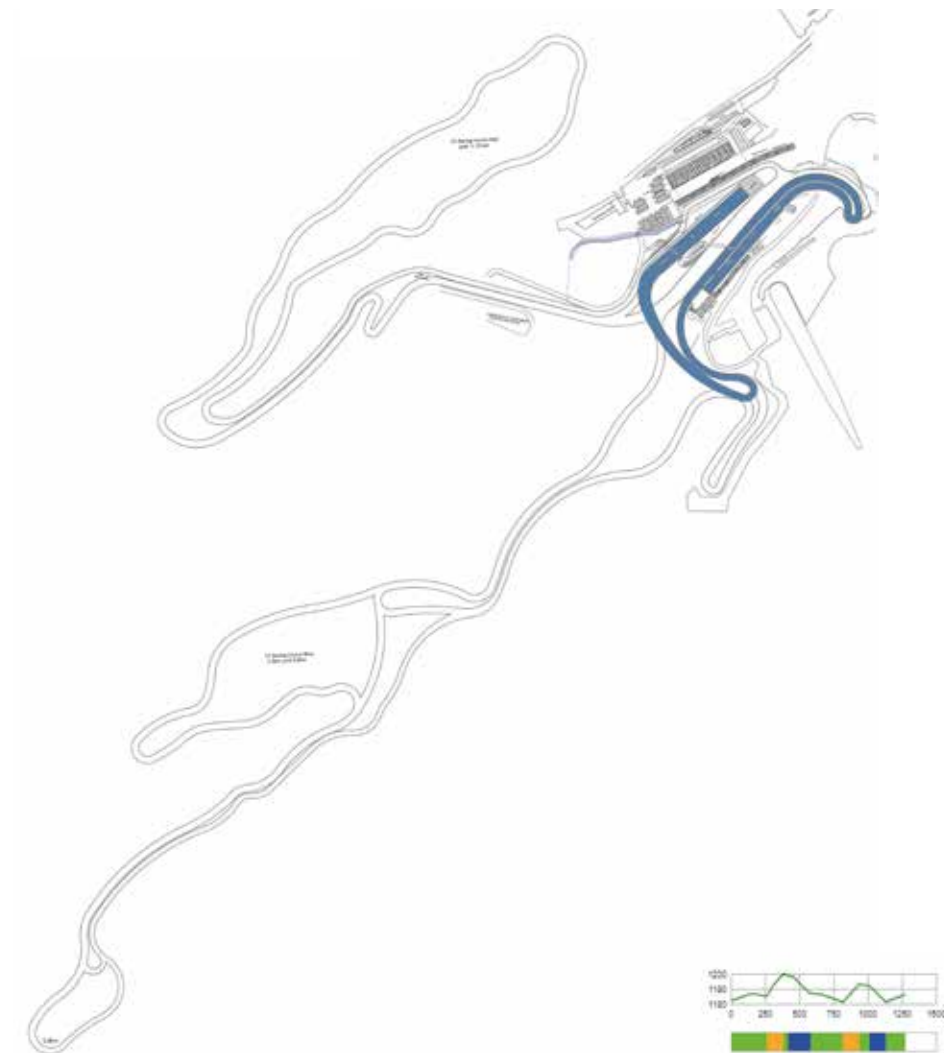


DAY 4: SKIATHLON MEN

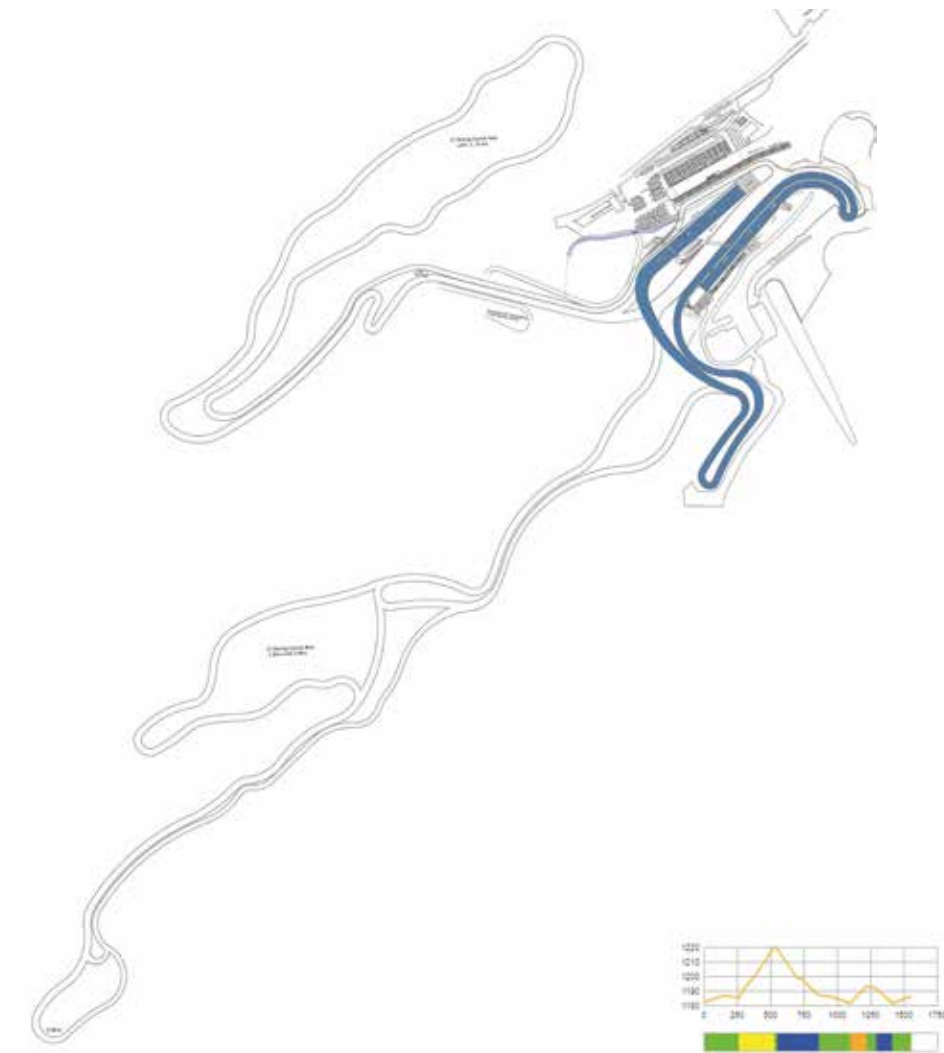


COURSES

DAY 5: TEAM SPRINT LADIES CL

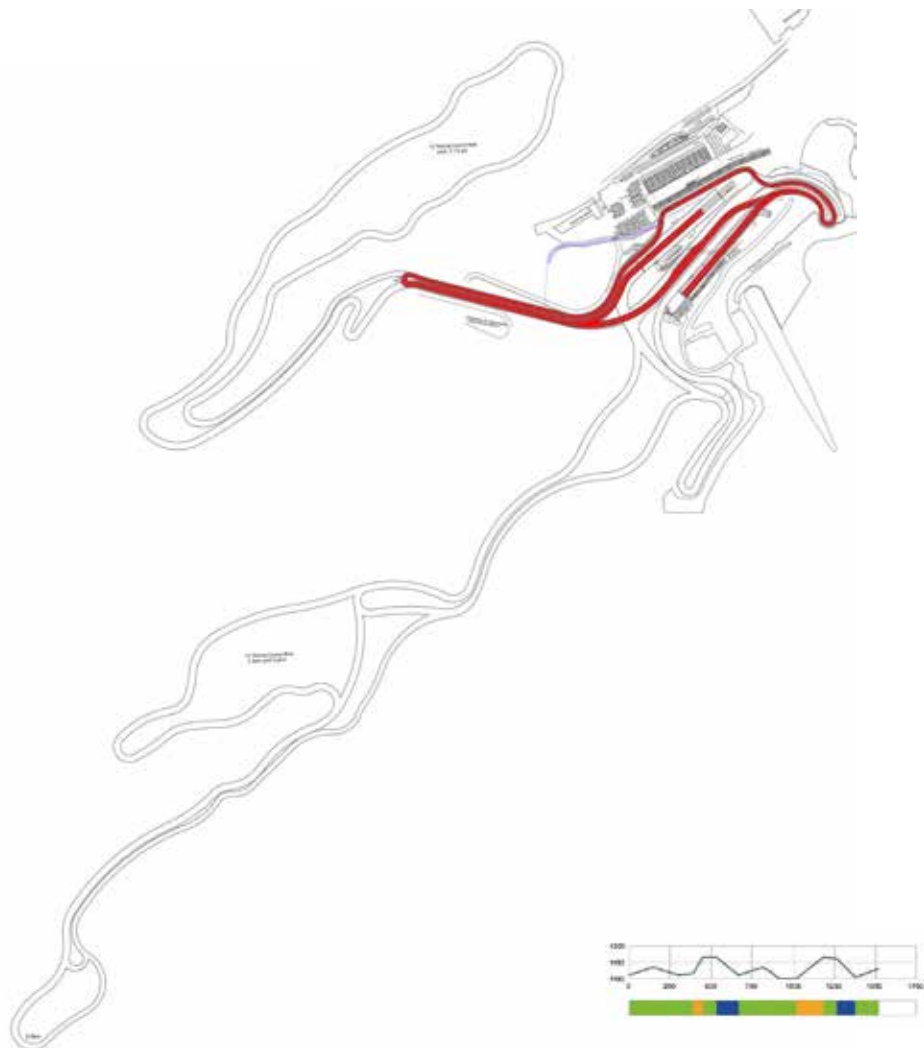


DAY 5: TEAM SPRINT MEN CL

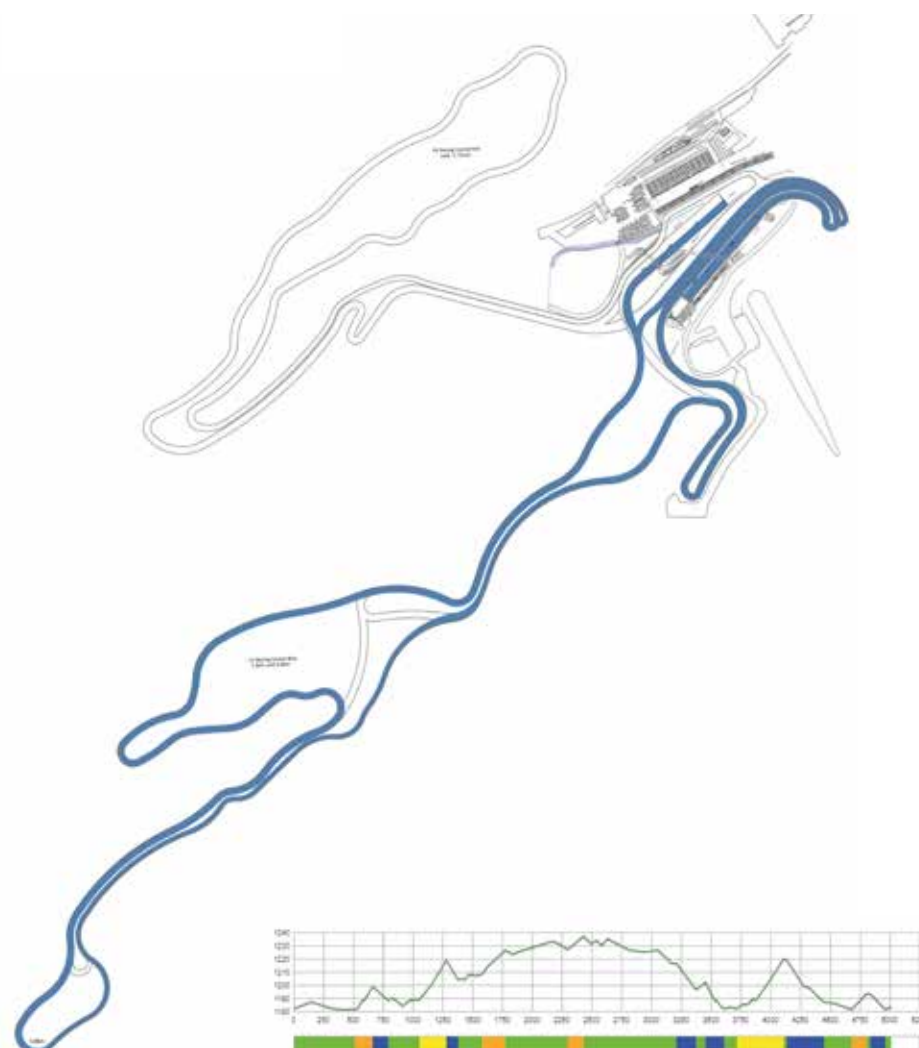


COURSES

DAY 5: NORDIC COMBINED TEAM SPRINT

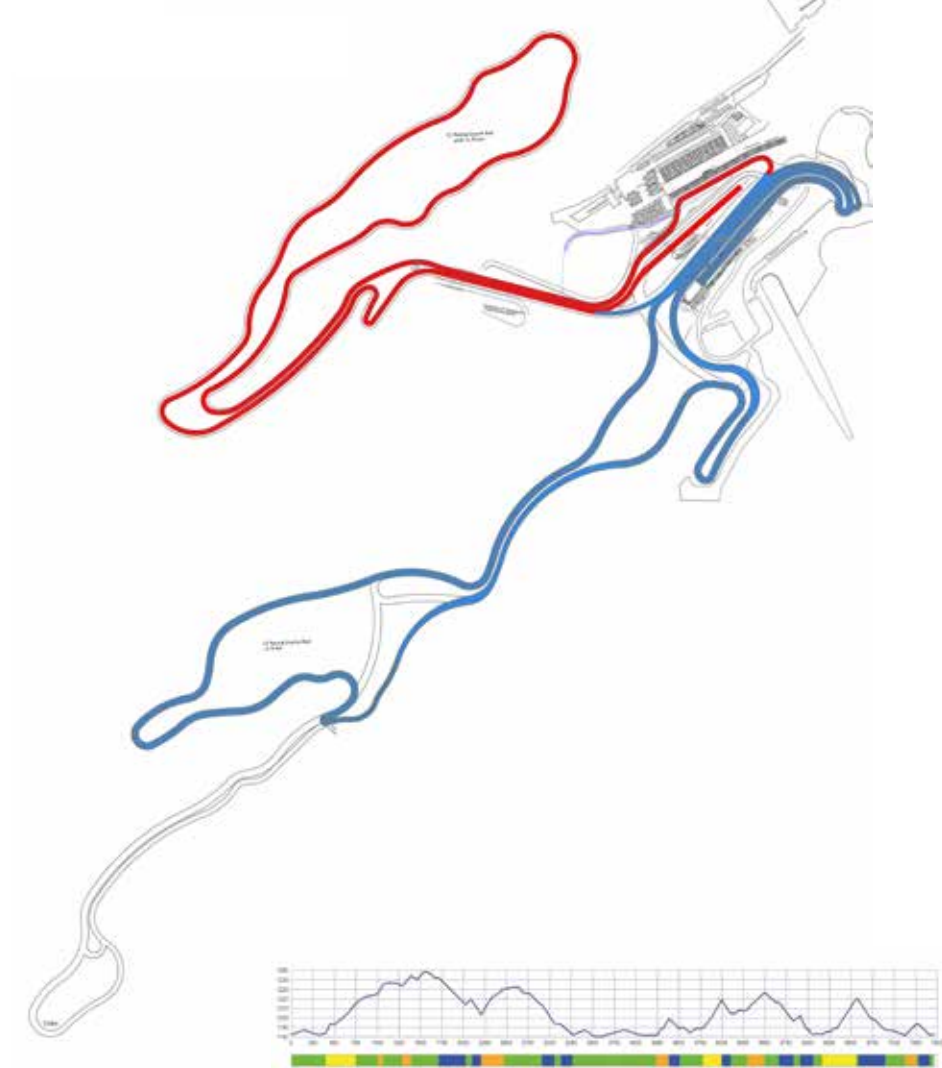


DAY 7: LADIES 10 km CL

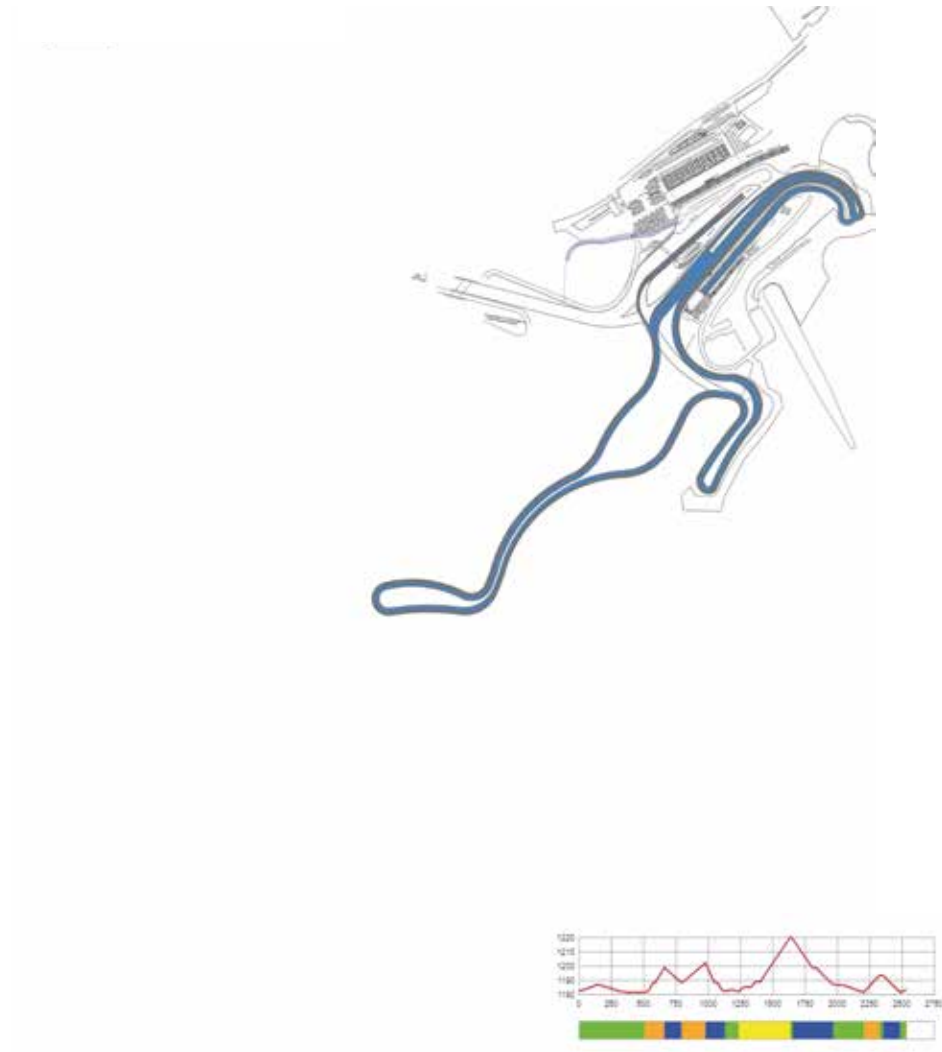


COURSES

DAY 8: MEN
15 km CL

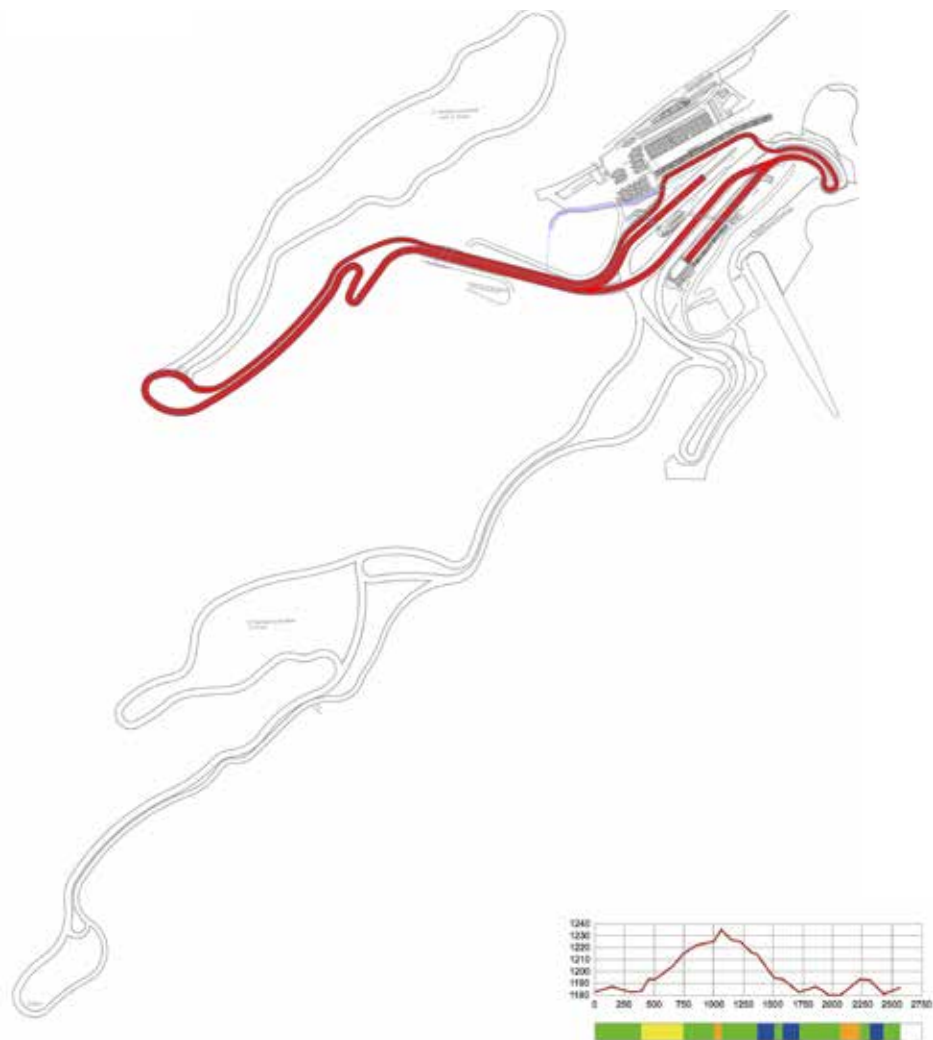


DAY 9: RELAY LADIES
20 km

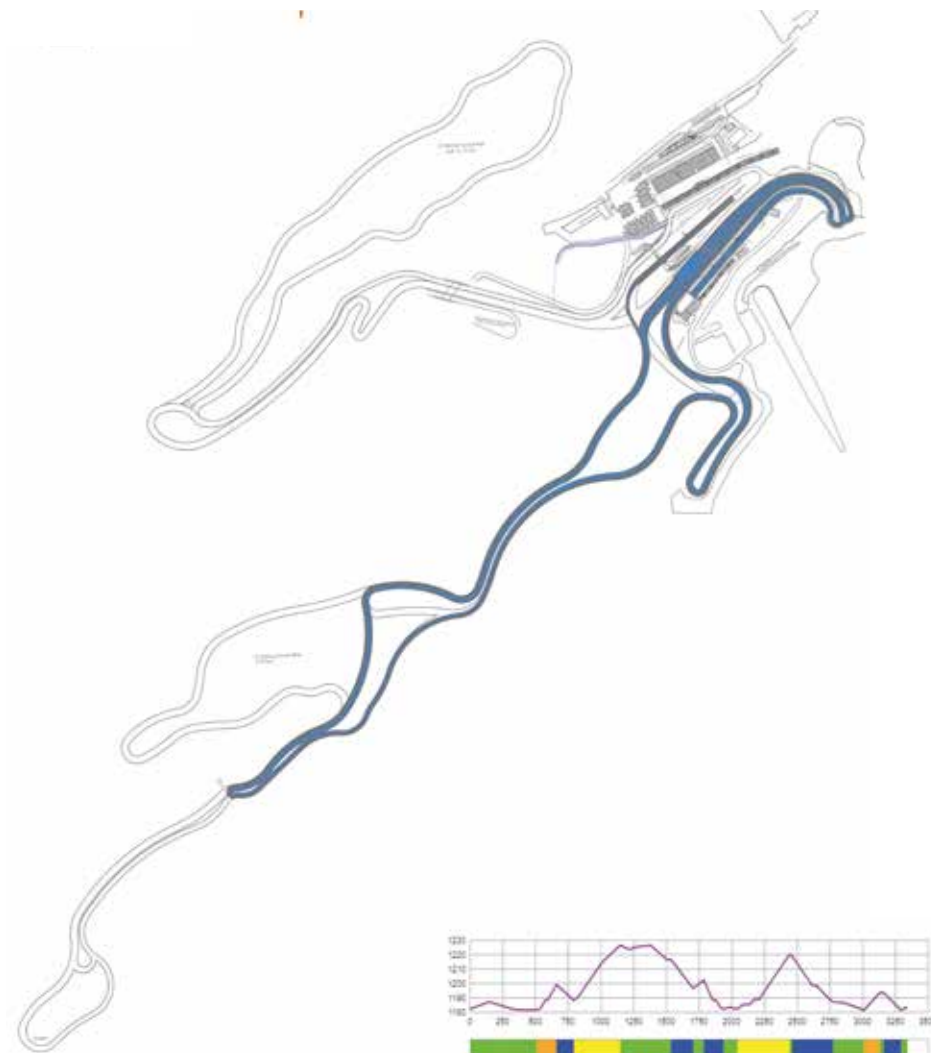


COURSES

DAY 9: NORDIC COMBINED 10 km

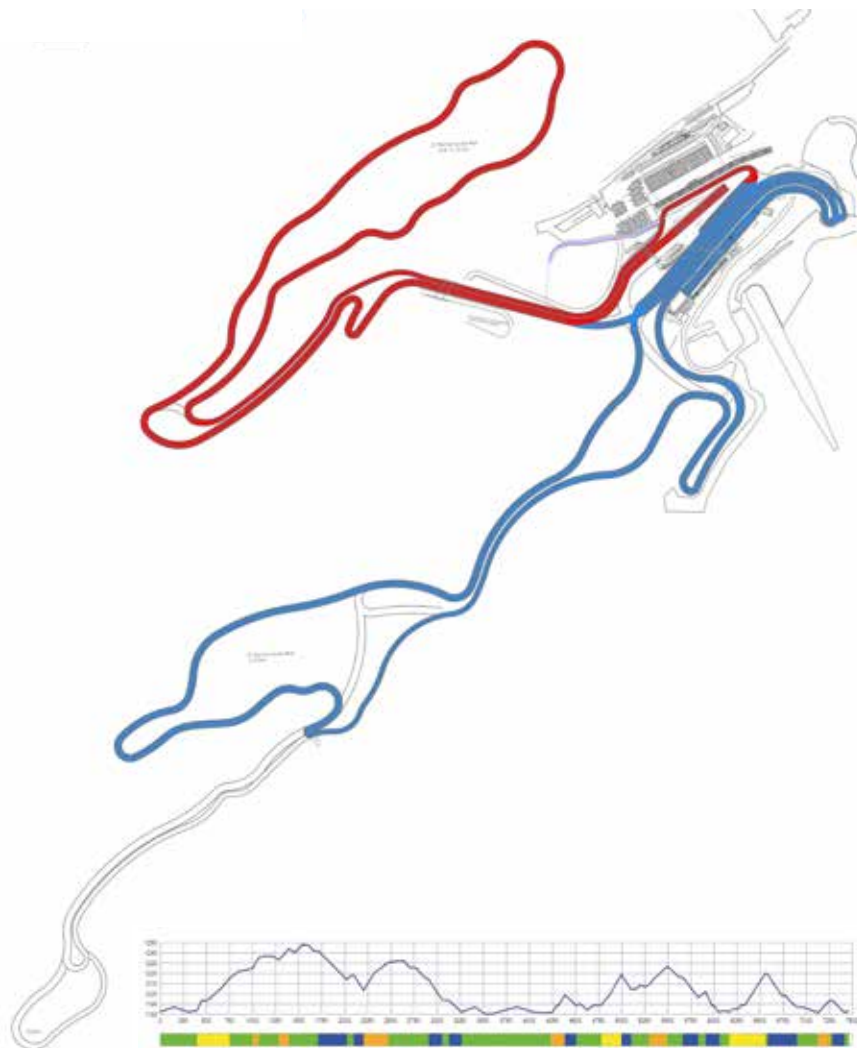


DAY 10: RELAY MEN 40 km

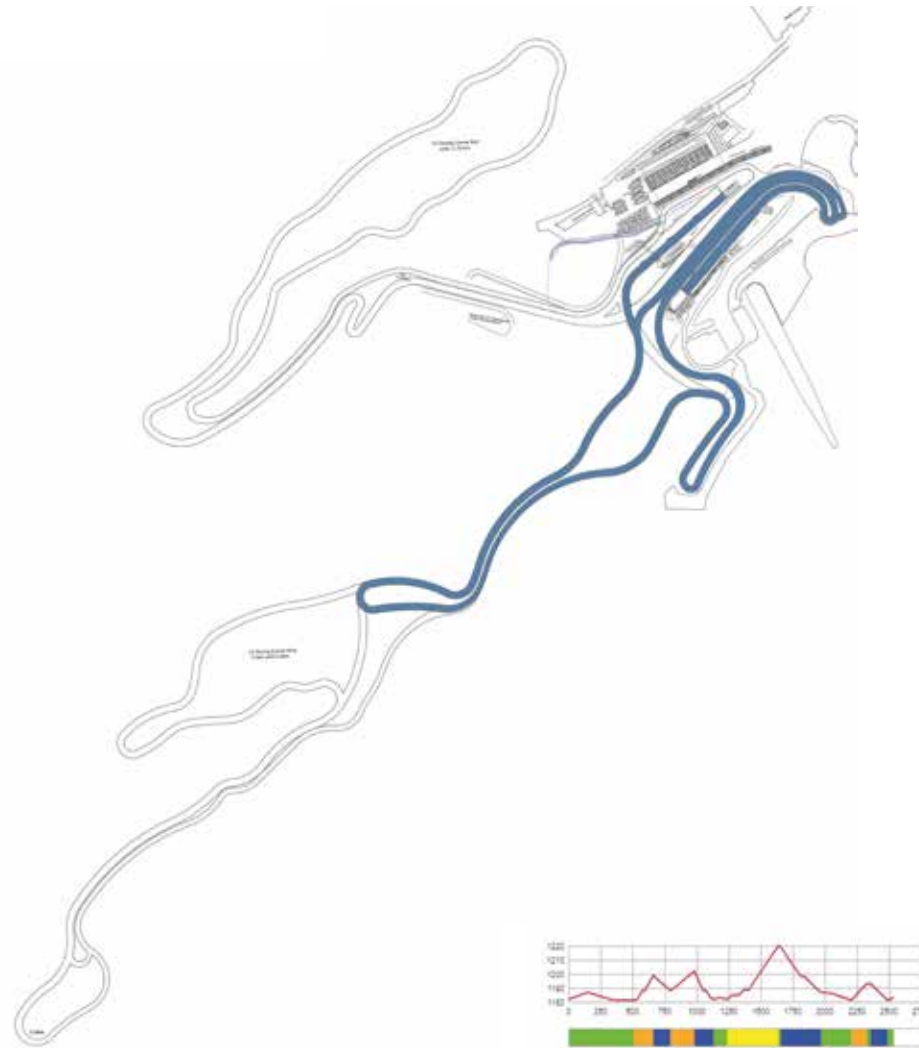


COURSES

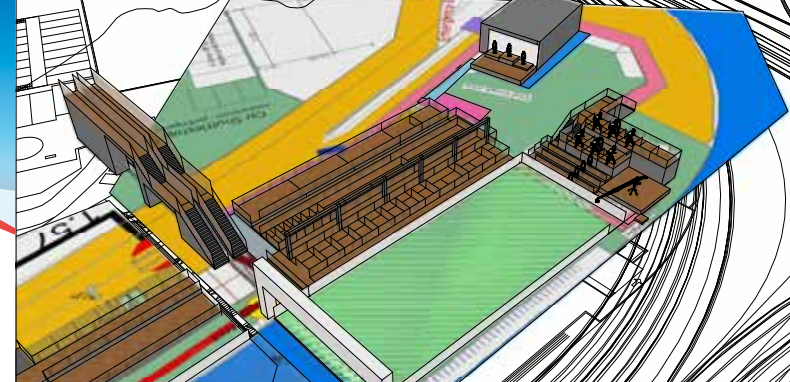
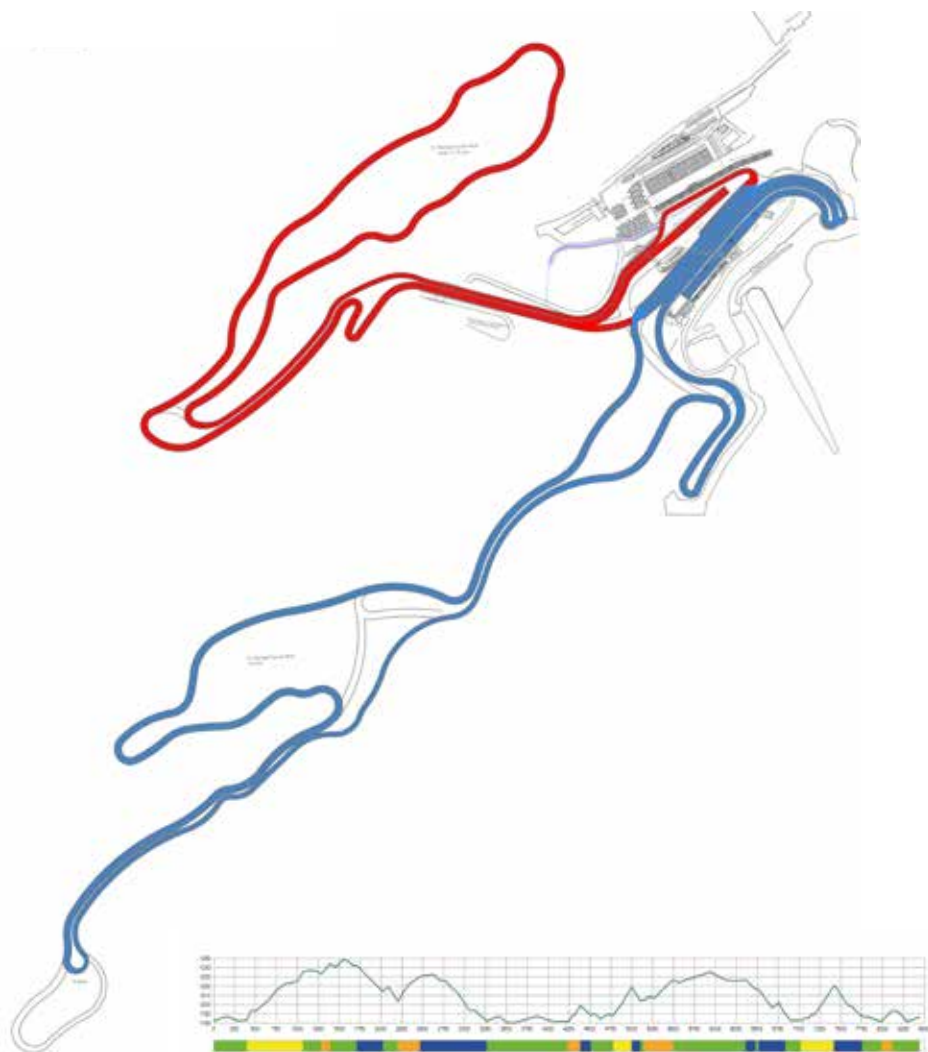
DAY 11: MASS START LADIES 30 km



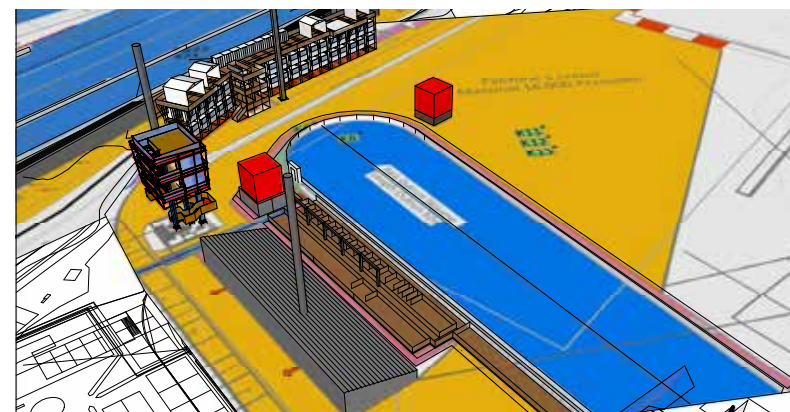
DAY 11: NORDIC COMBINED TEAM



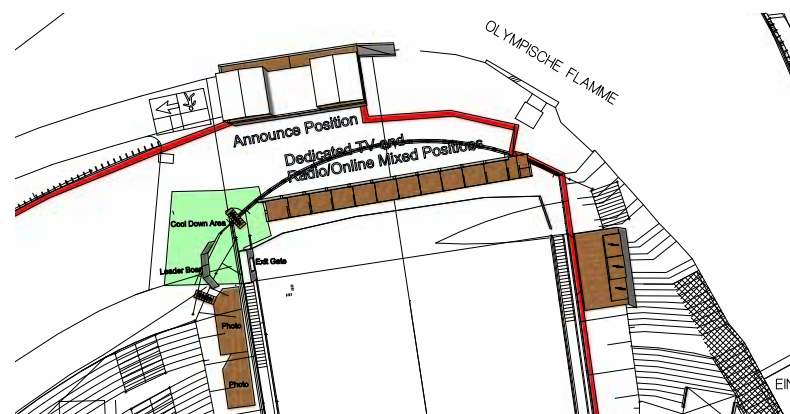
DAY 12: MASS START MEN 50 km



FINISH AREA CROSS-COUNTRY SEEFELD



FINISH AREA SKI JUMPING SEEFELD



FINISH AREA SKI JUMPING INNSBRUCK

HOST BROADCASTER



Infront Sports & Media is a sports marketing company based in Zug, Switzerland. The company handles the media and marketing rights for international sports events and federations and also provides sports services – such as advertising, sponsorship and hospitality.

At the FIS Nordic World Ski Championships Seefeld 2019 Infront Sports & Media is in charge of all media and marketing rights and also runs the HB TV production of the event.

Infront and ORF, who will participate in the HB project as technical partner and provider will be responsible for delivering top-quality international coverage of the 2019 Seefeld FIS Nordic Ski World Championships to a worldwide audience in close cooperation with FIS and the Local Organizing Committee.



KEY PERSONS INFRONT

Executive Director Winter Sports	Bruno Marty	bruno.marty@infrontsports.com
Director Winter Sports / Project Leader	Stefan Krauß	stefan.krauss@infrontsports.com
Marketing/Implementation, Project Coordination	Max Mutschler	max.mutschler@infrontsports.com
Marketing Implementation	Manfred Schedler	manfred.schedler@infrontsports.com
Executive Producer	Daniela Calandra	daniela.calandra@infrontsports.com
Head of International Relations	Filip Grabowski	fillip.grabowski@infrontsports.com
Ski Jumping Sports Rights Manager	Maddalena Ercolani	maddalena.ercolani@infrontsports.com
Cross-Country Sports Rights Manager	Lorenzo Pala	lorenzo.pala@infrontsports.com
IBC Coordinator	Anu Anttila	anu.anttila@adamella.fi
IBC EIC	Christophe Barbe	cbarbe@hbs.tv
Project Manager ORF	Gerald Kögler	gerald.koegler@orf.at
Ski Jumping Director	Werner Mitterer	werner.mitterer@orf.at
Ski Jumping Production Manager	Andreas Stöckl	andreas.stoeckl@orf.at
Cross-Country Director	Michael Kögler	michael.koegler@orf.at
Cross-Country Production Manager	Dagmar Hübner-Alber	dagmar.huebner-alber@orf.at
Head of Technical Operations	Wolfgang Maier	wolfgang.maier@orf.at

INTERNATIONAL BROADCAST CENTRE (IBC)

The international Broadcast Centre (IBC) is located in the WM-Halle. It is operating 11.02. – 05.03.2019 at 12.00.

Daily opening hours will be 07.30 – 23.00. HB booking office and RH working spaces are located in the IBC. WLAN is available free of charge.



BROADCASTER IN SEEFELD

Sender	Ausstrahlungsraum
ORF	Austria
BNT	Bulgaria
CBC, SRC	Canada
CCTV	China, Makau
Czech TV	Czech Republic
TV2	Denmark
EESTI MEDIA	Estonia
EUROSPORT	Europe, Africa, Middle East, Asia-Pacific
YLE	Finland
France TV	France
SILKNET	Georgia
ARD, ZDF	Germany
RAI	Italy
NHK	Japan
MKRTV	Macedonia
NRK	Norway
TVP	Poland
Match TV	Russia, Kazakhstan, Kyrgyzstan, Moldova, Belarus, Armenia, Azerbaijan, Tajikistan, Turkmenistan
Slovak TV	Slovakia
RTV Slovenija	Slovenia
SBS	South Korea
SVT	Sweden
SRG SSR	Switzerland
NBC	United States of America

6. TIROLBERG

TIROLBERG TV STUDIO

Two television studios are available for editorial use by TV stations, media representatives, sponsors and partners of TirolBerg. They are equipped with lighting, direction, cameras, sound and live technology for multimedia productions, presentations and live coverage of the World Cup.

GREEN-WALL STUDIO

- For customized productions
- Green screen
- Control room

TIROLBERG STUDIO

- High-quality TV studio in Tyrolean style
- Two camera angles
- Ideal for moderation and live coverage

Use of the infrastructure and production team is subject to availability. Production slots can be requested on an hourly basis using the following contact details:

Thomas Bacher thomas.bacher@tirolwerbung.at, +43 664 80532-346

The TirolBerg TV Studio is open daily from 09:00 to 22:00 hrs.



7. TEAM CAPTAINS MEETINGS | WINNERS' TROPHIES

TEAM CAPTAINS MEETINGS

Team Captains Meeting for all three disciplines will be held at the Saal Olympia in the Olympiabad Seefeld, next to the Medal Plaza.

ADDRESS:

Olympiabad Seefeld
Klosterstraße 600
6100 Seefeld



FIRST TEAM INFO MEETINGS:

Cross-Country: Monday, 18th February at 3:00 pm

Nordic Combined: Monday, 18th February at 5:45 pm

Ski Jumping Men: Tuesday, 19th February at 8:00 pm

Ski Jumping Ladies: Sunday, 24th February at 8:00 pm

"ALPINE JEWEL": WINNERS' TROPHIES AT THE WSC 2019 IN SEEFELD

For World Championship events, FIS Rules specify that, as well as a medal, winners also receive a prize of honour from the event organizers. In order to keep on with this tradition, the Local Organizing Committee (LOC) of the ÖSV commissioned Swarovski Kristallwelten as Official Supplier, and Presenting Partner of the Nordic World Ski Championships, the renewable materials company Stora Enso, with the creation of an award. The athletes will have the pleasure to receive a uniquely designed award, which combines the warmth of wood with the sparkle of crystals, thus creating a bridge between traditional form and modern style. The trophies should incorporate both the mountain world of Tyrol and the sparkle of the snow and of the winners.





8. TIROL – THE HEART OF THE ALPS

8. TIROL – THE HEART OF THE ALPS

TIROL FACT BOX

CAPITAL CITY: Innsbruck	THREE THOUSAND METRE HIGH PEAKS: 573
NATIONAL COLOURS: red & white	LARGEST GLACIER: Gepatschferner (17.6 km²)
SURFACE AREA: 12,648 km²	SKI RESORTS: 80
INHABITANTS: 746.153	LARGEST LAKE: Achensee (6.8 km²)
MUNICIPALITIES: 279 (including 11 cities)	LONGEST RIVER: Inn (in Tirol: 212.5 km, total length: 518.5 km)
KILOMETRES OF CROSS-COUNTRY-SKI TRAILS: 4,000	GUEST BEDS: 340,000
SKI JUMPS: 23	AWARD-WINNING RESTAURANTS: 81
HIGHEST MOUNTAIN: Grossglockner (3,798 m), Wildspitze (3,768 m)	

When you think of Tirol, the Alps spring to mind. Almost a third of the state is covered by mountains. More than 500 peaks exceed the 3,000-metre mark and over 600 glaciers sprawl over the mountain landscapes of the High Alps. Another third of Tirol's surface area is covered by forest, leaving a mere eighth available for human habitation. Numerous incisions cut great swathes through the mountains to the left and right of the Inn Valley, where the Tiroleans have carved an existence under difficult conditions for thousands of years.



Around 200 years ago, people from other European countries began to consider the Alps as a romantic and longed-for travel destination for summer holidays and the pursuance of winter sports. This brought about radical change to both the way of life and Tirol's culture. Nowadays, tourism is a crucial pillar of the Tirolean economy, centred around the beautiful alpine landscape, wide range of recreational opportunities and huge number of ski resorts. The province of Tirol has more overnight stays these days than the country of Greece as a whole.

THE SPORTING STATE OF TIROL

Tirol is a sport-loving country. A fact substantiated by numerous events. From historical classics ranging from the 1964 and 1976 Winter Olympics, to the annual Hahnenkamm Races in Kitzbühel and the Four Hills Tournament, Tirol can look back on a long tradition of winter sports. The FIS Nordic World Ski Championships Seefeld 2019 were the third World Championships to be hosted by Tirol within the briefest of periods, after the Climbing World Championships and the UCI Road Cycling World Championships were successfully hosted in 2018.

Cross-country skiing is enjoying increasing popularity with locals and guests alike. The province offers around 4,000 kilometres of well-prepared cross-country trails - from easy to demanding routes with steep climbs, to glacier trails. Public races such as the Koasa- or Dolomitenlauf meet with great interest, and also top-events like the "Nordic Triple", the Nordic Combined World Cup in Seefeld or the Biathlon in Hochfilzen, which attract tens of thousands of visitors.

COUNTRY & PEOPLE

The almost 750,000 inhabitants of Tirol are known to be hospitable, traditional and nature loving. Their love of sport is deeply rooted. Most Tiroleans enjoy cycling, skiing or hiking in the mountains. Pretty much everyone is on first name terms at altitudes of 1,000 metres above sea-level and over. The natural need for sporting activity is also manifested in the health of the population. A survey on health nutrition science has shown that the Tiroleans are less overweight and live a healthier lifestyle compared to other federal states.

The Tiroleans are also some of Austria's most patriotic citizens and are proud to be recognised as such. According to surveys, they identify themselves more strongly as Tiroleans, and less as Austrians. The Tirolean stereotype wears Lederhosen and Dirndl. The traditional national dress, however, has actually undergone a major revival in recent years and is worn willingly by young people again - but only on special occasions. A sporty, casual look is generally favoured nowadays.

The Tirolean dialect is both famous and notorious. The dialect derives from the Bavarian language and Vulgar Latin of the Romans. What visitors perceive as typical are the scratchy k and ch sounds. These are formed at the back of the palate and sound just as distinctive as the peaks of the Nordkette Mountains. A special feature is the differentiation of numerous sub-dialects, some of which differ considerably from another. They are all as far removed from the standard German language as Hannover is from the Hintertux Glacier.



BUSINESS & POLITICS

The state of Tirol comprises of the provinces of North Tirol and East Tirol. The bordering South Tirol has belonged to Italy since 1919. Other neighbours include the German Free State of Bavaria, the Swiss canton of Graubünden and the Italian province of Belluno, as well as the Austrian provinces of Vorarlberg and Salzburg. Since Austria's accession to the EU in 1995, cooperation with neighbouring countries has intensified even further. Thanks to the strong foundations of trade, industry and tourism, Tirolean households are now among the wealthiest in Europe.

In addition to numerous small and medium-sized enterprises, Tirol is also home to large industrial companies such as the Swarovski Crystal Company, the Sandoz pharmaceutical giant and Plansewerke metal processors. Famous tourist regions include the Zillertal Valley, Kitzbühel, St. Anton am Arlberg, Sölden and Ischgl. North Tirol's central lifeline is the River Inn. The River Inn traverses the province from its southernmost perimeter to the northeastern border. The provincial capital Innsbruck with its 130,000 inhabitants is nestled in the middle of the Inn Valley, forming the economic and cultural centre of Tirol. Agriculture makes a lesser contribution to the gross national product, but plays an important role for the preservation of the cultural landscape in rural areas. Tirol has also gained significance as a location for research and education in recent years.

At a political level, Austria is federally structured. Since 2018, Governor Günther Platter has governed the province of Tirol for a second term in a coalition of the Christian Social People's Party (ÖVP) and the Green Party, which is left wing. From a religious vantage point, Catholicism dominates Tirol. Some even speak of the "Holy Land of Tirol". Today, around 60 percent of Austrians are practising Catholics, although the proportion in the West is probably higher than the east.



**OLYMPIAREGION
SEEFELD**

During the 52nd FIS Nordic World Ski Championships Seefeld 2019, the world's best ski jumpers, cross-country ski and combined athletes will meet to compete in Seefeld. Up to 200,000 spectators are expected to attend the event with 22 sporting disciplines, held over a two-week period. Seefeld was able to ward off other bids by Oberstdorf in Germany and Planica in Slovenia to win the prestigious role as event host. The region has around 8,000 inhabitants and Seefeld is a 20-minute drive from Innsbruck, while only 10 kilometres separate the Seefeld plateau from the German border.

MONACO OF THE ALPS

Thanks to its sheltered location, Seefeld is one of Tirol's most snow-sure locations. Seefeld was already a popular holiday resort before 1900 and has been one of the most popular winter sports resorts in Austria since the 1930s. The small town was also known as the "Monaco of the Alps" during the 1960s and 1970s. Hardly any other region in Austria has such a high density of four and five-star hotels as Seefeld. After a dramatic slump in the number of overnight stays in the 1990s, an increased focus was placed on using the natural landscape for tourism. Today Seefeld successfully presents itself as an adventure playground with sophisticated charm.

SEEKIRCHL CHURCH

Seefeld's landmark, the baroque Seekirchl Church, is visible from afar. The octagonal church was consecrated in 1666. In earlier centuries, Seefeld was a popular destination for pilgrims, especially as the cross in the little church is considered to have miraculous powers. Back then, the building was located in the middle of the artificial "Kreuzsee Lake." The water was drained, howe-



ver, in 1808 and the church has stood on dry land ever since. During the FIS Nordic World Ski Championships Seefeld 2019, medals will be presented on the Medal Plaza next to the Seekirchl Church. After the World Championships, Seekirchl Church will be given back its lake, part of which has already been created.

TONI SEELOS SKI LEGEND

The village is the hometown of Anton Seelos, inventor of the parallel turn - a basic alpine skiing technique. Seelos was not allowed to participate in the 1936 Winter Olympics because he worked as a ski instructor, which flouted the strict amateur rules of that time. He therefore was only allowed to participate in the slalom as a forerunner, and ended up being much faster than the Olympic champion, Franz Pfnür. Toni Seelos died at the age of 95, today the Olympic ski jump in Seefeld is named after him.

NORDIC TRADITION

Seefeld was the first place in the Alpine region that made cross-country skiing popular under the name of "ski hiking." Today it is THE Nordic Hotspot in Tirol. In 1964 and 1976, it was the sporting venue for the Nordic competitions at the Olympic Games. The FIS Nordic World Ski Championships took place here in 1985 - it was the last time that the competition was held without the skating technique.

The Winter Youth Olympic Games were finally held in Seefeld in 2012. The Nordic Combined World Cup has also been a permanent fixture on this high plateau since 2004. Seefeld is also a popular location for training camps. Former top biathlete Magdalena Neuner (D) enjoyed training here during her active sporting career and currently Laura Dahlmeier (D) is a frequent guest. Other stars such as Martin Fourcade (F) or Therese Johaug (NOR) have also taken advantage of the optimum training conditions in Seefeld.





PARADISE ON EARTH FOR CROSS-COUNTRY SKIERS

A new ski jumping facility was built in 2010, as well as a new roller skiing track for summer training. The biathlon facility has been brought up to the latest state of the art standards to ensure perfect competition conditions. Further top events include the Euroloppet Ganghofer Run Leutasch and the Kaiser-Maximilian-Lauf. Away from the hubbub of the event circuit, 245 perfectly prepared kilometres of cross-country tracks, cross-country skiing instructors and specialised sports shops await hobby athletes. Should natural snowfall not suffice, 30 snow cannons in Seefeld and 6 in Leutasch ensure that 15 kilometres of cross-country ski runs benefit from snow-sure conditions.

EXCELLENT INFRASTRUCTURE

It was a central concern of Seefeld tourism experts that the Nordic World Ski Championships should bring sustainable added value to the region. Since December 2018, there has been a direct and all year round "ICE" intercity rail connection from Germany to Seefeld on weekends. As part of the World Cup, further investments were made to improve standards of quality, including major station refurbishments.

In addition to cross-country sledging, a dog-sledge run, floodlit tracks in the evening, winter hiking trails, ski slopes, toboggan runs, ice skating rinks and a biathlon facility, Seefeld is also home to delights of the palate. From traditional Tirolean fare to haute cuisine, there is a wide range of gastronomic delights to choose from. You can indulge in the essential pleasures of rest and relaxation in the pools of the two wellness centres, while exclusive boutiques invite you to browse in one of Tirol's oldest pedestrian zones. Those who fancy their chances with "Lady Luck" will also enjoy a visit to Casino Seefeld.

SPECTACULAR ARRIVAL

Those travelling by train from Innsbruck to Seefeld will cross the Martinswand on one of the most spectacular railway lines in Austria. Legend has it that Emperor Maximilian I. got lost here while hunting chamois and sought refuge in a grotto, where a young farmer's boy saved him - some even say an angel. The Kaiser-Maximilian Grotto, as it has been called ever since, is open to the public. The Karwendelbahn or Mittenwaldbahn is a single-track railway line that connects Innsbruck with Garmisch-Partenkirchen. It is a masterpiece of engineering by railway pioneer, Josef Riehl, who designed this railway at the beginning of the 20th Century. The routes through the rock and 1,810 metre long Martinswand Tunnel are particularly remarkable.

NATURE & SURROUNDINGS

The 2,662-metre high "Hohe Munde" is another striking feature of Seefeld. The mountain is one of the most beautiful vantage points in the Seefeld Olympic region. To the west of Seefeld, the Wetterstein Mountains sprawl between Bavarian Garmisch-Partenkirchen, Mittenwald and the Tirolean Ausserfern. Wetterstein's principal peak, the Zugspitze, is Germany's highest mountain at 2,962 metres.

The Karwendel Mountains begin right on Seefeld's front doorstep. Encompassing an area of 920 square kilometres, they are one of the largest natural alpine landscapes in Central Europe, where 125 peaks reach heights of over 2,000 metres. Karwendel Nature Park is Austria's largest nature reserve and one of the oldest protected areas in the Eastern Alps. You will find animal species native to the Limestone Alps in the Karwendel - large packs of chamois in particular can often be observed.





**SPORTS CITY
INNSBRUCK**

SPORTS CITY INNSBRUCK

The FIS Nordic World Ski Championships Seefeld 2019 Ski Jumping Competitions (large hill HS 130) will take place at the legendary **Bergisel Ski Jump** in the south of Innsbruck. Innsbruck is the most highly populated city in Tirol, with 132,236 inhabitants. Around 300,000 people live in its conurbation and city tourists book around 4,500 overnight stays daily. Innsbruck is small enough that you can discover most of the city on foot, yet large enough to satiate the thirst for knowledge of 30,000 students.

Innsbruck has everything a vibrant city needs - and yet you can find yourself in the high mountains within 20 minutes. Locals often head off to the floodlit slopes to enjoy a few turns after work. It is certainly not unusual to go on an arduous ski tour during the day, before getting glammed up to enjoy an opera performance at the Tiroler Landestheater in the evening.

BERGISEL SKI JUMP – THE CITY’S SPORTING LANDMARK

Bergisel Ski Jump is considered one of the most modern ski sports facilities in the world and can accommodate over 28,000 spectators. Ski jumping has been practised at Bergisel since 1927 and the ski jump has been awarded Olympic honours no less than three times: at the Olympic Games in 1964 and 1976 and the Youth Winter Games in 2012. Bergisel Ski Jump is one of four venues for the international Four Hills Tournament. In summer it is used for show jumping and dry training.



In 2002, the new ski jump was opened in accordance with designs by star architect Zaha Hadid. An elevator whisks visitors up to 250 metres above Innsbruck in just 2 minutes. The “Jump Tower” is home to a panorama restaurant and a 360-degree panoramic terrace. On request, tourists can even sample what it feels like to sit on the start bar. Views of the opposite Nordkette Mountains and the city of Innsbruck are particularly impressive.

BERGISEL - A PLACE STEEPED IN HISTORY

The ski jump is named after the Bergisel Hill. Around 200 years ago, valiant Tiroleans joined their leader, Andreas Hofer, on this hill to battle for the freedom of their homeland against Napoleon's troops. The "Tirol Panorama" museum houses the largest work of art in Tirol: the giant Innsbruck Cyclorama. The panorama picture depicts a 360-degree view of the Tirolean struggle for freedom of 1809, over an area of almost 1,000 square metres.

VIEW OF THE CEMETERY

While sitting on the start beam, ski jumpers look directly over the cemetery in the Wilten district, which is a listed building. Wilten Abbey, home of the Wilten Boys' Choir, is only a stone's throw away from there. They are not only one of the oldest, but also one of the best and most famous boys' choirs in Europe.

INNSBRUCK'S LOCAL MOUNTAIN

The 2,246-metre-high **Patscherkofel** lies to the south of the Bergisel. Its rounded, woodless summit and 50-metre-high transmission tower can be seen from afar. The mountain was the scene of Olympic thrills in 1964 and 1976, when alpine ski races and competitions took place in the icy bobsleigh track. The Youth Olympic Games were held at Patscherkofel in 2012.



THE HIGH ALTAR OF TIROL

The 2,717-metre high **Serles** (also known as Waldrastspitze Peak) forms another striking alpine feature to the south. Thanks to its dominant position over Innsbruck, the mountain is also known as the "High Altar of Tirol". According to legend, the name "King Serles" is based on the story of an evil king, who was banned to the mountain top and turned to stone.

FROM THE CITY TO THE MOUNTAIN

The **Nordkette Mountains** watch over the city to the north. The Nordkettenbahnen whisks passengers from the city centre to high alpine terrain in only 20 minutes, the lifts of which were built in accordance with designs by star architect Zaha Hadid. They lead from the Hungerburg district of Innsbruck to the 1,905-metre-high Seegrube and Hafelekar at 2,296 metres above sea level. The Seegrube is the city ski area of Innsbruck and, with a gradient of 70%, the Hafelekarrinne is one of Europe's steepest ski routes.

HISTORY & SIGHTS

Counts from the Bavarian House of Andechs advocated the foundation of Innsbruck in around 1180 for the promotion of trade. The colourful row of listed houses in the Mariahilf district is still living proof of the city's development. Over 800 years ago, the first market squares and settlements were created here.

The Habsburg Emperor Maximilian (1459-1519) liked to come to the Tirol to fish and hunt. The Habsburgs' marriage policy facilitated closer proximity to Burgundy. Maximilian forged a bond with Italy by marrying Bianca Maria Sforza in 1490. Tirol also always enjoyed strong links with the Bavarian region, thanks not least to robust trading with the Fugger city of Augsburg.

The **Golden Roof** is a building that dates back to 1420, built in splendid late gothic style and clad with 2,657 fire-gilded copper tiles. The most important tournament venue was located below the Golden Roof, where Emperor Maximilian himself took part in tournaments. This was unusual in these times, as good physical condition was prerequisite – one comparable to that of a top athlete today. There was a huge furore in 2012 when eight valuable tiles were stolen from the Golden Roof. A few days later they reappeared at various locations in Innsbruck, before being returned to their rightful owner.

500 years ago, the **Hofburg** served as a residential palace for Emperor Maximilian I. The popular man from the house of Habsburg was "Tirolean at heart, European in spirit", which is also the motto of the Year of Maximilian 2019 in Tirol. The 500th anniversary of the regent's death is to be celebrated with a large number of events.

In the **Hofkirche Church** directly next to the Hofburg, 28 black, larger-than-life figures guard the tomb of Emperor Maximilian I. Curiously enough: eight of the "black men" are ladies, and the emperor's sarcophagus is actually empty.

Ambras Castle is considered the oldest museum in the world. The Spanish Hall is one of the most remarkable Renaissance hall buildings and home to armouries containing 100 original pieces of armour that once belonged to famous generals.

Further "must-sees" in Innsbruck include the **Tiroler Landestheater**, **Maria-Theresien-Strasse** with the **Triumphal Arch** and the **Alpine Zoo**, where you can see naive Alpine animals.



9. ENTERTAINMENT NORDIC MILE

The pedestrian zone Seefeld turns every day from 13:00 o'clock in an atmospheric **"Nordic Mile"** with local catering, culinary delights and a varied **music program**. Access to the Nordic Mile is free for all visitors.

Wednesday, 20.02.2019

14:30 – 17:30	Radio Tirol Hit Box with DJ Alex Weber
18:00	Medal Plaza Medal Ceremony
20:30 – 22:30	Torpedos New Generation & DJ Instyle

Thursday, 21.02.2019

13:00 – 14:30	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	The Acoustic Duo
18:45 – 20:00	Radio Tirol Hit Box with DJ Alex Weber
20:00 – 22:30	Sugarbull

Friday, 22.02.2019

13:00 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	The Gang
18:30	Medal Plaza Medal Ceremony
18:45 – 20:30	Radio Tirol Hit Box with DJ Alex Weber
20:30 – 22:30	The Monroes

Saturday, 23.02.2019

13:00 – 14:30	Radio Tirol Hit Box with DJ Alex Weber
16:00 – 18:00	Mountain Monkeys
18:30	Medal Plaza Medal Ceremony
19:15 – 20:15	Radio Tirol Hit Box mit DJ Alex Weber
20:15 – 22:30	Sumpfkroten

Sunday, 24.02.2019

13:00 – 14:45	Radio Tirol Hit Box with DJ Alex Weber
16:00 – 18:00	Brown Spring
18:30	Medal Plaza Medal Ceremony
19:00 – 20:15	Radio Tirol Hit Box with DJ Alex Weber
20:15 – 22:30	Stix'n Stones feat Gregor Glanz

Monday, 25.02.2019

13:00 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	Saxophon feat DJ
19:00 – 20:15	Radio Tirol Hit Box with DJ Alex Weber
20:15 – 22:30	The Gang feat Trevor Jackson



Tuesday, 26.02.2019

13:30 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	You & Me
19:00 – 20:00	Radio Tirol Hit Box with DJ Alex Weber
20:00 – 22:30	Torpedos New Generation

Wednesday, 27.02.2019

13:00 – 14:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	Karma
18:30	Medal Plaza Medal Ceremony
19:00 – 20:15	Radio Tirol Hit Box with DJ Alex Weber
20:15 – 22:30	Jay and Friends

Thursday, 28.02.2019

13:30 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	The Gang
18:30	Medal Plaza Siegerehrung
19:00 – 20:15	Radio Tirol Hit Box with DJ Alex Weber
20:15 – 22:30	Cotton Underwear

Friday, 01.03.2019

14:00 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	Brown Spring
18:30	Medal Plaza Siegerehrung
19:00 – 20:00	Radio Tirol Hit Box with DJ Alex Weber
20:00 – 22:30	Johanns Erben

Saturday, 02.03.2019

13:00 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	Mountain Monkeys
18:30	Medal Plaza Medal Ceremony
19:15 – 20:00	Radio Tirol Hit Box with DJ Alex Weber
20:00 – 22:30	Stix'n Stones

Sunday, 03.03.2019

14:00 – 15:00	Radio Tirol Hit Box with DJ Alex Weber
15:00 – 18:00	Saxophon feat DJ
19:00 – 20:00	Radio Tirol Hit Box with DJ Alex Weber
20:00 – 22:30	Torpedos New Generation

10. PARTICIPATING NATIONS

1. Andorra	AND	35. Kyrgyzstan	KGZ
2. Argentina	ARG	36. Latvia	LAT
3. Armenia	ARM	37. Lebanon	LBN
4. Australia	AUS	38. Liechtenstein	LIE
5. Austria	AUT	39. Lithuania	LTU
6. Belarus	BLR	40. Macedonia	MKD
7. Belgium	BEL	41. Madagaskar	MAD
8. Bermuda	BER	42. Mexico	MEX
9. Bosnia	BIH	43. Moldavia	MDA
10. Brazil	BRA	44. Mongolia	MGL
11. Bulgaria	BUL	45. Montenegro	MNE
12. Canada	CAN	46. Norway	NOR
13. Chile	CHI	47. Poland	POL
14. China	CHN	48. Portugal	POR
15. Columbia	COL	49. Romania	ROU
16. Croatia	CRO	50. Russia	RUS
17. Czech Republic	CZE	51. Serbia	SRB
18. Denmark	DEN	52. Slovakia	SVK
19. Ecuador	ECU	53. Slovenia	SLO
20. Estonia	EST	54. Spain	ESP
21. Finland	FIN	55. Sweden	SWE
22. France	FRA	56. Switzerland	SUI
23. Germany	GER	57. Thailand	THA
24. Great Britain	GBR	58. Trinidad and Tobago	TTO
25. Greece	GRE	59. Turkey	TUR
26. Hungary	HUN	60. Ukraine	UKR
27. Iceland	ISL	61. USA	USA
28. India	IND		
29. Iran	IRI		
30. Ireland	IRL		
31. Italy	ITA		
32. Japan	JPN		
33. Kazakhstan	KAZ		
34. Korea S.	KOR		



11. EMERGENCY CONTACTS

EURO EMERGENCY:

112



Emergency Ambulance 144
Fire Services 133
Police 122
Alpine emergency service 140

POLICE SEEFELD:

Münchner Straße 828
6100 Seefeld in Tirol
Tel: 059133 7124 -100

RED CROSS SEEFELD:

Leutascher Straße 770
6100 Seefeld
Tel: 057 144-2311

POISONING CENTRAL:

Tel: +4314064343-0

DOCTORS SEEFELD:

Dr. Benedikt Klein

Münchner Straße 268
6100 Seefeld in Tirol
Tel: +435212 20125
Mon., Tues. & Thurs. 08:30 am – 12:00 noon, 3:30 – 6:00 pm
Wed. 08:30 am – 12:00 noon,
Fri. 08:30 am – 2:00 pm

Dr. Alois Durnes

Münchner Straße 268
6100 Seefeld in Tirol
General practitioner
Tel: +435212 3781
Mon. – Fri: 08:30 am – 12:00 noon & 4:00 pm – 6:00 pm

IMPORTANT: All mentioned doctors are just a selection!

Dr. med. univ. Dr. phil. Andreas Wiseman

Münchner Straße. 68, 6100 Seefeld in Tirol
Specialist in Inner Medicine, acupuncture, psychosomatic medicine
Tel: +435212 5151
Mon.–Wed. 08:30 am – 12:00 noon, 1:30 pm – 3:00 pm
Thurs. 08:30 am – 12:00 noon, 2:00 – 5:00 pm

DENTISTS:

Praxis Dr. Scherfler

Münchner Straße 300
Tel: 05212/3275
Monday to Friday by appointment only

Dr. med. dent. Frieder Stroisch

Innsbrucker Str. 525
Tel: 05212/20121
Mon & Wed 07.00 am – 12.00 noon
Tue 1.00 pm – 6.00 pm
Thurs 1.00 pm – 8.00 pm
Fri 08.00 am – 11.00 am

PHARMACY SEEFELD

Münchner Straße 445
6100 Seefeld in Tirol
Tel: +435212 2284
Mon. – Fri.: 08:30 am to 6.30 pm
Saturdays: 08:30 am to 12:30 noon & 2:00 pm to 6:00 pm
Sundays: 10:00 am to 12:00 noon & 4:00 pm to 6:00 pm
Daily night service outside the opening hours.

LANDESKRANKENHAUS- UNIVERSITÄTSKLINIKEN INNSBRUCK

Anichstraße 35
6020 Innsbruck
Tel: +4350 5040

